

Department of Recreation Services & Parks

Spring/Summer Activity Guide 2016

A MESSAGE FROM THE DEPARTMENT

Dear Conshohocken Borough Residents and Guests,

Welcome to the Spring/Summer edition of the Recreation Services and Parks Department Activity Guide. We are here to serve you and provide activities for you to enjoy. Although warm weather activities may be far from your mind, now is a great time to start thinking about registering for Spring and Summer Programs and Camps!

This past year has brought many changes to the Recreation Services and Parks Department, especially at the Community Center at the Fellowship House. Enclosed in this guide you will find information regarding annual and monthly memberships, youth and senior programming, park and party rentals, fitness classes, school-aged childcare, spring programs, summer camps and much more!

Along with our growing recreational activities, the Community Center at the Fellowship House is excited to announce that as of January 2016, we are a participating facility of Silver Sneakers and Prime! If you are a group retiree or part of a Medicare Advantage or Medicare Supplement Health plan, call the Community Center at the Fel to find out how you can participate in this active adult wellness program!

Now is the time to stop into the Community Center at the Fel and learn more! For questions, please call 610-828-3266.

Sincerely,

Stephanie Cecco

Stephanie Cecco
Director of Recreation Services & Parks



"Live, Work, Play"

Be sure to visit the Department of Recreation Services & Parks community portal!
<http://conshohockenrsp.recdesk.com>

MISSION
STATEMENT

Enhance the quality of life for all residents through physical, mental, cultural, social, and environmental development

Be sure to visit the Recreation Services & Parks Department website to see what’s happening!

General Information..... 3
 Holiday Closures & Summer Hours 4
 Inclement Weather..... 5
 Facility Descriptions..... 6
 Park Descriptions..... 7
 Facility & Park Rental Guidelines..... 8
 Access Policy..... 11
 Membership Fees..... 12
 Corporate Memberships..... 13
 Silver Sneakers/Prime..... 14
 Spring/Summer Programs..... 15
 Summer Camps..... 19
 Rec Desk Online Registration Instructions..... 26
 Events..... 29
 Mixx Fitness & Group Exercise..... 30
 Before & After School Care..... 31
 Conshohocken Rowing Center 32



The Community Center at the Fellowship House

Address: 515 Harry Street, Conshohocken, PA 19428

Phone Number: (610) 828-3266

Website: <http://conshohockenrsp.recdesk.com>

Hours of Operation:

Monday-Thursday: 6:00am-9:00pm

Friday: 6:00am-7:00pm

Saturday & Sunday: 8:00am-4:00pm

Department Directory

<u>Title</u>	<u>Name</u>	<u>E-Mail</u>	<u>Phone</u>
Director of Recreation Services & Parks	Stephanie Cecco	scecco@conshohockenpa.org	(610) 828-1092
Recreation Services Manager	Kate Kosmin	kkosmin@conshohockenpa.org	(610) 828-3266
Recreation Administrative Assistant	Madison Orler	morler@conshohockenpa.org	(610) 828-3266
Facilities and Special Event Assistant	Charles Mascio	cmascio@conshohockenpa.org	(610) 828-3266
Front Desk Associate - Administration	Gloria Scott	gscott@conshohockenpa.org	(610) 828-3266
Front Desk Associate – Leagues/Tournaments/Sponsorships	Tom Brady	tbrady@conshohockepa.org	(610) 828-3266
Weekend Front Desk Associate	Jah Thompson	jthompson@conshohockenpa.org	(610) 828-3266

We are here to serve *you!*

We love to hear from the Conshohocken Community to see how we can better serve our residents and guests. Please share your feedback and requests! For questions, concerns and input please contact the Community Center at the Fel at 610-828-3266 or email kkosmin@conshohockenpa.org. We hope to see you soon!

2016 Holiday Closures & Summer Hours

2016 Holiday Schedule – Community Center at the Fel

Friday, January 1, 2016	New Year's Day 2016
Monday, May 30, 2016	Memorial Day
Monday, July 4, 2016	Independence Day
Monday, September 5, 2016	Labor Day
Thursday, November 24, 2016	Thanksgiving Day
Friday, November 25, 2016	Day after Thanksgiving
Monday, December 26, 2016	Christmas Day (observed)

2016 Borough Administration Holiday Closures

Friday, January 1, 2016	New Year's Day 2016
Monday, January 18, 2016	Martin Luther King Day
Monday, March 28, 2016	Easter Monday
Monday, May 30, 2016	Memorial Day
Monday, July 4, 2016	Independence Day
Monday, September 5, 2016	Labor Day
Monday, October 10, 2016	Columbus Day
Friday, November 11, 2016	Veterans Day
Thursday, November 24, 2016	Thanksgiving Day
Friday, November 25, 2016	Day after Thanksgiving
Monday, December 26, 2016	Christmas Day (observed)

2016 Summer Hours – Community Center at the Fel

The Community Center at the Fel will be **closed on Sundays** from July 3, 2016 to September 4, 2016.

Inclement Weather



Inclement Weather Policy:

- If the Borough Administration and School District are closed, the Community Center may also be closed or will make every effort to open with limited hours from 12pm-4pm.
- If the School District is closed and the Borough Administration has a delayed opening, the Community Center will have a delayed opening in conjunction with Borough Offices.
- If the Colonial School District and Borough have a delayed opening, the Community Center will have a delayed opening in conjunction with the Borough/Colonial School District to offer before school care. For example, if Conshohocken Elementary (CE) has a 2-hour delay, the before care program and Community Center will also have a 2-hour delay.

THINGS TO REMEMBER

When you are unsure about a program being cancelled or the Community Center being closed due to inclement weather, always check the Borough website or Facebook page for updates, or call 610-828-3266

Facility Descriptions

Multipurpose Room

This space is ideal for hosting events, sport programs, parties, luncheons & more! With a fully equipped kitchen and private restrooms, this space can meet all of your needs! The Multipurpose Room is equipped for the following activities:

- Events, programs, and luncheons
- Volleyball capabilities
- Basketball (retractable baskets reach 6 feet for youth)
- Multi-Sport flooring

Gymnasium

- Regulation sized basketball gym with 6 basketball nets, bleachers on each side and announcing table with speaker capabilities.
- This space is great to rent for basketball birthday parties, sport gatherings & more.
- Basketball
- Volleyball
- Group Exercise Classes

Activity Space

- This space is perfect for a small birthday party! With options for 3 game tables and a wide open space for plenty of activity
- 1 pool table
- 1 Ping-Pong table
- 1 foosball table
- Main gathering area used for group meetings or programs

Fitness Room

- Equipped with seven cardio machines
- Dumbbells ranging from 5lbs to 50lbs
- 4 Machines designated for arms
- 4 Machines designated for legs
- 2 roman chairs
- Medicine balls

Group Exercise Room

- Classes include (but not limited to) TRX, Spin, Bike & Barre, Senior Fitness, Pilates & much more!
- See monthly group exercise schedule at the front desk or visit mixx-fitness.com for details!

Meeting Room

Suitable for small group meetings, workshops, small birthday parties, music lessons, and more!



Park Descriptions



Sutcliffe Park

**Located off of Colwell Lane
Conshohocken, PA 19428**

3 full basketball courts, 3 youth baseball fields, 1 softball field, 2 pavilions, fit-trail walking path, park benches, 1 playground, picnic area, open field, trash receptacles, restrooms, concession stand, and small parking lot.

A.A. Gathwaite (A-Field)

**Located off of E 11th Avenue
Conshohocken, PA 19428**

1 football field, concession stand, 2 locker rooms, women's and men's restrooms, press box, scoreboard, benches, bleachers, trash receptacles, street parking.

B Field

**Located off of E 13th & Hallowell St
Conshohocken, PA 19428**

Practice field only. Not regulation sized. Includes playground, pavilion, street parking.

Aubrey Collins Park

**Located off of Elm Street
Conshohocken, PA 19428**

A playground, park benches, open field, horseshoe pit, trash receptacles.

Haines & Salvati

Memorial Park

**Located off of Wood Street
Conshohocken, PA 19428**

1 small playground area, 1 basketball court, picnic tables, park benches, parking, trash receptacles.

Mary Wood Park

**Located off of 6th Avenue & Hallowell
Conshohocken, PA 19428**

A playground, park benches, open field, trash receptacles.

Facility & Park Rental Guidelines

I. Facility Rental Fees

1. Meeting Room- \$50 per hour
2. Activity Space- \$50 per hour
3. Gym- \$80 per hour (\$75 per hour for 6 sessions or more)
4. Multi-Purpose Room- \$100 per hour

Rental Policies and Procedures:

- The Conshohocken Community Center at the Fellowship House permits facility rental reservations within hours of operation only.
- All arrangements for facility requests or scheduling an event should be processed through a RecDesk profile or by speaking directly to a Community Center staff member at the front desk.
- A \$25 non-refundable deposit is required. The difference must be paid in full five (5) business days prior to the event. If the payment is not paid in full, the reservation will be canceled.
- A full refund will only be given when a program is cancelled by **Borough of Conshohocken Department of Recreation Services and Parks and the Community Center at the Fellowship House**. A refund request at least five (5) business days prior to the program, or one (1) week prior to park rentals, will receive a refund less 5%. NO REFUNDS will otherwise be given. All refunds are subject to State Board of Accounts claim procedures and may take up to seven (7) business days to process.
- Food and refreshments are permitted. **Alcoholic beverages are prohibited.**
- Arrangements- any specific facility arrangements (chairs/tables/etc.) must be submitted no later than 5 business days prior to the event in conjunction with final payment. If arrangements are not made within the designated timeframe, they become the sole responsibility of the lessee.
- If a caterer is used, staff must be notified of the specific arrangements, particularly any change in entry time. Please note that changes in entry time could result in an increase in hourly cost.
- Smoking is prohibited.
- Cleanup Policy- All facilities must be left clean and orderly. All trash must be disposed of properly. Tables must be wiped down, floors must be swept, sticky spots and spills must be mopped, and the kitchen must be wiped down and swept. Failure to comply may result in additional charges for maintenance and clean up.
- **Any request to waive the appropriate fee must be submitted, in writing, to the Director of Recreation Services and Parks.**
- If there is any damage or breakage during the event, the lessee will be responsible for the cost of any necessary repairs. This also includes any and all wall hangings and decorations that are on display.
- Reservations are made on a first come, first served basis. Cash, checks and money orders are accepted. **All checks/money orders must be made payable to the Borough of Conshohocken.**

Facility Rental Insurance Requirements:

- **(For Groups/Organizations):** Commercial general liability insurance with per occurrence and aggregate limits of not less than \$1,000,000.00, which names the Borough of Conshohocken, its agents, servants, and employees as additional insured.
- **(For Private Individuals):** Homeowners/Liability insurance with per occurrence and aggregate limits of not less than \$300,000.00 which names the Borough of Conshohocken, its agents, servants, and employees as additional insured.

II. Park Rental Fees

PARK/FIELD	RESIDENT	NON-RESIDENT	LIGHT CHARGE
A-Field	\$200 per hour	\$200 per hour	\$50 per hour
B-Field	\$60 per hour	\$70 per hour	\$25 per hour
Sutcliffe Park	\$60 per hour	\$70 per hour	\$25 per hour
Aubrey Collins Park	\$60 per hour	\$70 per hour	\$25 per hour
Haines & Salvati Park	\$60 per hour	\$70 per hour	\$25 per hour

***Note: The group/individual is responsible to pay for a minimum of 2 hours for all Parks excluding the A-Field and B-Field. This will cover set-up and breakdown times for all requests.**

Conshohocken Borough Park Rules

1. Park hours are dawn to dusk
2. Good conduct is required at all times while in the park
3. The Department of Recreation Services and Parks requires group permits for any organized games, picnicking, or special events.
4. The following are **PROHIBITED**:
 - a. Smoking
 - b. Vendors
 - c. Animals
 - d. Alcoholic Beverages
 - e. Glass
5. Ambulance Services: Narberth Ambulance Service- (610) 825-6672
6. Police Fees – Number of officers needed determined by Police Chief
 - a. 2 officers for minimum of 4 hours – Range \$350 - \$490
 - b. For arrangements, call (610) 828-4032 or (610) 828- 4033
 - c. Emergency- Call 911

7. Applicants shall have, at all times while this User Permit/License is in effect, a general liability insurance policy with minimum limits in the amount of \$1,000,000 combined single limit for each occurrence and \$1,000,000 combined single limit for general occurrence.
 - a. Provide a certificate of insurance with the Borough of Conshohocken, 400 Fayette Street, Suite 200, Conshohocken, PA 19428, named as an additional insured.
 - b. Save, defend, keep harmless and indemnify the Borough of Conshohocken and its appointed and elected officials, officers, servants, agents and employees from and against any and all costs and liability, including all attorneys' fees, however, caused, resulting from or arising out of or in any way connected with Applicant's activities or use of the Fields and Borough Property.
 - c. Upon request, provide a complete roster, including names and addresses, of all members of the Applicant's organization, which Applicant shall keep current throughout the term of this User Permit/License.
 - d. Comply with all rules, regulations, ordinances and laws applicable to the Fields and all Borough Property.

The applicant agrees that as the sponsor of the group/activity, he/she will be personally responsible for any violation of Park Rules and Regulations as well as any additional site regulations provided by the Borough of Conshohocken Recreation Services and Parks Department in the attached Field Use License Agreement and Release form. Any violations of these rules will result up to a \$1,000 fine.

THINGS TO REMEMBER

To inquire about reserving parks or facility space please contact the
Community Center at the Fel at 610-828-3266 or email
morler@conshohockenpa.org. Please make all rental requests in timely
fashion. All rentals must complete an application process and meet all
requirements before being approved.

Community Center Access Policy

This policy establishes the guidelines for patrons entering the Community Center to ensure a safe environment. All persons entering this facility must check in at the front desk and provide verification of membership at the Community Center or be an approved program or rental participant.

Check in Procedures

1. Member

Present membership card to the Front Desk Associate staff to be scanned and await approval to be granted access.

Membership Guest Day Pass- All members that have a Conshohocken Community Center membership are eligible to receive four (4) guest passes per month. Guest(s) must be 18 or older, or a parent/guardian must be present to sign a waiver form and remain on site if the child is under 12 years old. Guest(s) must be accompanied by a member at all times. Members are not permitted to leave their guest(s) at the facility unattended/unsupervised.

2. Program Participant

Check in immediately at the front desk. Participant's name must be on the program roster, unless the program allows onsite registration. Present payment (if applicable) if registering on-site. All persons participating in a program are confined to the specified area designated by the Recreation Services Manager.

3. Under Age Use

Members under the age of 12 must be accompanied by a parent or guardian, or another member at least 18 years of age, at all times, or be an approved participant of a running program. Children aged 12-17 are eligible for a youth membership. A parent or guardian approval is required for the membership registration process, either in-person or online.

4. Rental Participant

Check in with the front desk associate to confirm your rental reservation and present final payment. Staff personnel will escort you to the designated facility rental space. Based on the terms of the rental contract, all persons participating in a rental agreement are confined to the specified area stated in their contract, and are not permitted to use other parts of the facility unless stated.

5. Visitors

- All persons must identify themselves to front desk staff upon entrance.
- The Community Center at the Fellowship House recognizes that persons may drop in to obtain information, sit in the lobby or use the restrooms. Visitor access is limited to the front lobby area of the facility. No exceptions will be made.
- Community visitors may utilize front lobby. However, use may be denied due to programs in the facility.
- Visitors may be asked to leave if they do not abide by facility regulations and code of conduct.

6. Trespassing/ Unauthorized Access

- Any person entering the facility unauthorized will be removed.
- For heat purposes, only a staff member may open perimeter doors in the gym.
- Police will be called if warranted.

Membership Rates & Information

**MONTHLY AND ANNUAL MEMBERSHIPS – SIGN UP NOW!
PURCHASE OR RENEW A COMMUNITY CENTER AT THE FEL MEMBERSHIP TODAY!**

Monthly Rates		
<i>Category</i>	<i>Residents</i>	<i>Non-Residents</i>
Youth (12-17)	\$5.00	\$7.00
Adult (18-61)	\$15.00	\$20.00
Family (up to 4 members only)	\$20.00	\$26.00
Senior (62+)	\$5.00	\$7.00

Annual Rates		
<i>Category</i>	<i>Residents</i>	<i>Non-Residents</i>
Youth (12-17)	\$50.00	\$65.00
Adult (18-61)	\$140.00	\$182.00
Family (up to 4 members only)	\$175.00	\$228.00
Senior (62+)	\$40.00	\$52.00
Corporate Memberships	See following page for Corporate Membership Policy and requirements	

Community Center memberships include full usage of all amenities within the facility. This includes, the Multipurpose Room, a full size basketball court, the Fitness Room, and the Activity Space. Members are also eligible to partake in designated free programs set by the Community Center.

All members that have a Conshohocken Community Center at the Fel membership are eligible to use four (4) guest passes per month. Guest(s) must be 18 or older, or a parent/guardian must be present to sign a waiver form and remain on site if the child is **under 12 years old**. Guest(s) must be accompanied by a member at all times. Members are not permitted to leave their guest(s) at the facility unattended/unsupervised.

Corporate Memberships

Corporate Membership Criteria

- The Community Center at the Fellowship House will conduct Corporate Memberships on an individual employees basis.
- No contracts between the Conshohocken Community Center at the Fellowship House & the corporations.
- Corporations must present an ongoing list of employees, which details the number of employees enrolled to date, the date of enrollment, and resident/non-resident status.
- Corporations will be invoiced for each employee listed based on their residency status.
 - Corporations will be charged the non-resident rate minus 20% for all non-resident employees, and charged the resident rate for all resident employees.
 - If new employees are added, the corporation will send an updated list of enrolled employees and will be invoiced on an ongoing basis.
- All corporate members have access to all amenities just as regular members do.

Corporations within the Borough

- 20% discount off the non-resident rate (annual & monthly).
- If the employee is already a resident, he or she would be offered the normal resident rate.

Corporations outside the Borough

- Must have 5 or more employees join to be eligible for the 20% corporate discount.



CALL TODAY!

Silver Sneakers/Prime Fitness

Do I Have It?

If you're a group retiree, or part of a Medicare Advantage or Medicare Supplement Health plan, you may already have a SilverSneakers membership. This active adult wellness program is offered to many Medicare plans across the nation.

How Do I Get It?

If you're interested in joining SilverSneakers Fitness, go to silversneakers.com to see if your health plan offers the program. (If you can't find your health plan, call their customer service number and ask when they will offer this valuable active adult exercise program.)

Come to the Community Center at the Fel and enroll in Silver Sneakers or Prime today! Be sure to check your eligibility with your healthcare provider to see if you qualify. For questions regarding what is included in your Silver Sneakers/Prime membership please call 610-828-3266.



Spring and Summer Programs

Children Making Music

March 22, 2016 – May 17, 2016

Tuesdays 10:30am – 11:15am | Ages 6 months – 4 | \$100.00

Program Code: SHM 02

This course is designed specifically for a community environment, with semesters that are short in length, and with no material fees involved. The age range is 6 months to 4 years of age. There is lots of singing, moving to music, playing simple rhythm instruments, and having fun with music. The lesson also may include some American sign language to help foster a deeper communication between child and parent.



Jump Start Sports – Conshohocken T-Birds T-Ball

April 10, 2016 – May 15, 2016

Sunday 1:00pm-3:00pm | Ages 3-4 | \$75.00

Program Code: JSS 02

Conshohocken T-Ball is a fun and highly instructional introduction to baseball for 3-4 year-old boys and girls. In each session, players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games.



Bricks4Kidz

April 13, 2016 – May 18, 2016

Wednesday 4:30pm-5:30pm | Ages 5-12 | \$85.00

Program Code: B4K-01

This is a hands-on class where students build machines, buildings, vehicles and other structures out of LEGO® bricks, using one-of-a-kind model plans designed by Bricks 4 Kidz. While exploring principles of engineering, architecture, physics and more, students will develop problem solving and critical thinking skills. Participants build a new project each week.



Soccer Shots Ages 2

April 16, 2016 – May 21, 2016

Saturday 9:00am-9:30am | Ages 2 | \$85.00

Program Code: SS2 01

High-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Soccer Shots Ages 3-4

April 16, 2016 – May 21, 2016

Saturday 9:40am-10:25am | Ages 3-4 | \$85.00

Program Code: SS2 02

April 20, 2016 – May 25, 2016

Wednesday 5:45pm-6:30pm | Ages 3-4 | \$85.00

Program Code: SS2 03



Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

Soccer Shots Ages 5-6

April 16, 2016 – May 21, 2016

Saturday 10:35am-11: 20am | Ages 5-6 | \$85.00

Program Code: SS2 04

April 20, 2016 – May 25, 2016

Wednesday 6:40pm-7: 25pm | Ages 5-6 | \$85.00

Program Code: SS2 05

This program is for children who are new to soccer or who want to build upon what they have learned in Soccer Shots Classic. Focusing on individual skill, fitness, and sportsmanship, each session provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams.



U.S Sports Institute

Total Sports Parent & Me

April 17, 2016 – May 22, 2016

Sunday 9:00am-9: 45am | Ages 2-3 | \$115.00

Program Code: USS 02

Parent & Me Total Sports Squirts program allows children aged 2-3 to experience a new sport in each session of the program with a helping hand from Mom or Dad. Children have the opportunity to try Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey, Flag Football, Parachute Games and more in a safe and structured environment.



Total Sports Squirts

April 17, 2016 – May 22, 2016

Sunday 10:00am-11:00am | Ages 3-5 | \$115.00

Program Code: USS 02.2

Sports Squirts is ideal for the child who wants to try a little of everything. Activities include Soccer, Basketball, Hockey, Lacrosse, T-Ball, Flag Football, Movement and Coordination. All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun and fun!

Total Sports Senior Squirts

April 17, 2016 – May 22, 2016

Sunday 11:15am-12: 15pm | Ages 5-7 | \$115.00

Program Code: USS 02.3

Sports Squirts is ideal for the child who wants to try a little of everything. Activities include Soccer, Basketball, Hockey, Lacrosse, T-Ball, Flag Football, Movement and Coordination. All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun and fun!

Squirts

Preschool Programs



A different sport each day in a fun, safe learning environment for ages 2-7. Winter indoor locations.

Foundation Basketball

April 20, 2016 – May 25, 2016

Wednesdays 4:30pm-5:30pm | Ages 6-8 | \$115.00

Program Code: USS 03

April 20, 2016 – May 25, 2016

Wednesdays 5:45pm-6:45pm | Ages 9-11 | \$115.00

Program Code: USS 04

A good understanding of fundamental skills is the key to success in becoming a well rounded basketball player; dribbling, passing, shooting, team play and defense will all be taught in a fun and engaging way. All players will learn the basics of offense and defense, including creating plays, movement off the ball, and decision making. First Play Basketball is a great way to prepare children for upcoming team play, or simply to stay active

Young Rembrandts

Drawing

SESSION 1

April 9, 2016 – May 7, 2016

Saturday 9:00am-9:45am | Ages 4-6 | \$70.00

Program Code: YR – 03

SESSION 2

Program Code: YR – 03

May 14, 2016 – June 18, 2016

Saturday 9:00am-9:45am | Ages 4-6 | \$70.00

Program Code: YR – 04

SESSION 1

April 9, 2016 – May 7, 2016

Saturday 10:00am – 11:00am | Ages 6-14 | \$70.00

Program Code: YR – 03.2

SESSION 2

May 14, 2016 – June 18, 2016

Saturday 10:00am – 11:00am | Ages 6-14 | \$70.00

Program Code: YR – 04.2

The spring is an exciting time to be a part of a Young Rembrandts Drawing Class. This season is about renewal, and now is the perfect time to renew your child's interest in drawing and coloring! Our students will learn how to think outside of the box as they create stylized drawings of an intricately patterned fish, a cartoon alligator and a detailed illustration featuring an aerial view from the perspective of a jet plane! Sign up for classes today.



Cartooning

SESSION 1

April 9, 2016 – May 7, 2016

Saturday 11:15am-12: 15pm | Ages 8-14 | \$70.00

Program Code: YR – 03.3

SESSION2

May 14, 2016 – June 18, 2016

Saturday 11:15am-12: 15pm | Ages 8-14 | \$70.00

Program Code: YR – 04.3

Make this Spring a memorable one for your child. Students enrolled in a Young Rembrandts Cartoon Class will learn the essential skills they need to illustrate exciting cartoon imagery that is filled with dynamic characters and expressive personalities. Our students will create fully realized cartoon characters from familiar subjects like dogs, farm animals, and insects. Drawings of funny, cartoon cars will spark our students' imaginations. They will also develop their visual story telling skills as they draw sequential images. All this and more await our students. Enroll your student today!

Jump Start Sports – Conshohocken T-Birds T-Ball

June 12, 2016 – July 17, 2016

Sunday 1:00pm-3:00pm | Ages 3-4 | \$75.00

Program Code: JSS 02.2

Conshohocken T-Ball is a fun and highly instructional introduction to baseball for 3-4 year-old boys and girls. In each session, players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games.



Program Cancellations and Refunds

Note: The Borough of Conshohocken reserves the right to cancel any program or camp due to insufficient enrollment. Programs and camps will run only if the minimum enrollment figure is satisfied. Register today so that these fun and exciting programs are not cancelled. Cancellations will occur one week prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to seven (7) business days to process. We do not issue cash refunds. Cash, check and money order are accepted. Register online or in-person and pay at the Community Center at the Fel!



SUMMER DAY CAMP

Conshohocken Summer Day Sports Camp

The Borough of Conshohocken Recreation Services and Parks Department will offer the following summer day camp for 2016 in conjunction with Jump Start Sports. Below is an overview of camp details including: daily schedule, weekly themes, location, registration details, costs and available before/after care options. This day camp will provide a continuous six-week camp option during the summer.

Note: There is no camp Monday, July 4, 2016.

Dates:	Monday, June 27 th – Friday, August 5 th
Location:	Community Center at the Fellowship House and Mary Wood Park
Ages:	6 – 12 (a 5 year old may ONLY attend camp if they have completed kindergarten)
Time:	9:00am – 3:00pm
Before Care:	8:00am – 9:00am (\$10 per day)
After Care:	3:00 – 5:30pm (\$10 per day)
Minimum Enrollment:	10 per week
Maximum Enrollment:	100 per week
Cost:	\$160.00 per week
Discounts:	Registration for any 4 or more weeks - \$145.00 per week Early Bird Special for Full 6 Weeks - \$135.00 per week (must register by April 29, 2016)

Daily Schedule

Morning Activities: Each day will begin with an “all-camp” activity such as Capture the Flag, British Bulldog, Red Rover, or a scavenger hunt. On hot days, campers will cool off with spirited water games.

Overall Theme: Sports

The camp features a different sport each week. Coaches and counselors with expertise in the featured sport implement a program designed specifically for the ability and understanding of each age group. Campers learn about a different aspect of the sport each day and apply what they’ve learned by playing a fun, low-key game.

Afternoon Electives: In the afternoon, campers choose from a large menu of activities including: outdoor water fun, ultimate Frisbee, and a variety of field games and gym games.

Weekly Themes

June 27th - July 1st

SPORTS CAMP KICKOFF

- Kick off summer with Jump Start Sports by participating with your old and new friends in your favorite camp games and activities!
- This includes: Capture the Flag, Tag Games, Relay Races, Whiffle Ball, Kickball, and more. This is a perfect opportunity to stay active and have some early summer fun with friends. Children are separated by age for all competitive activities.

July 5th - July 8th

WORLD CUP SOCCER CAMP

- Campers get their kicks at the World Cup
- Soccer Camp! Players learn foot skills, passing, shooting, goal keeping, and team concepts. Each day, they are also divided by gender and skill level and participate in games. The last few days of camp, small teams represent a country and participate in a fun “World Cup” competition.

July 11th- July 15th

ALL PRO FOOTBALL CAMP

- The All Pro Football Camp will teach campers the basic fundamentals of football in an atmosphere that emphasizes sportsmanship, teamwork and the joy of sports.
- This program is ideal for children who have never played organized football, as well as those who have played youth football for several years. In addition to learning fundamentals, techniques and strategies of the sport, campers will participate in flag football games every day as well as fun games and contests such as “Punt, Pass, and Kick” and “NFL Fast Football”.

CHEERLEADING CAMP

- Campers will learn a variety of cheers, jumps, kicks and movements. Cheerleading camp provides children with a highly active endeavor in a non-competitive environment that fosters fun and the development of friendships.

July 18th - July 22nd

ULTIMATE WARRIOR

- Looking for a fun fitness challenge? Join us at the Ultimate Warrior Camp. Age-appropriate and safe activities specifically designed to challenge, inspire, and excite. Games and tasks this week include obstacle courses, relays, tug-of-war, and many other fun activities designed to teach cooperation and teamwork while also developing self-esteem

July 25th - July 29th**STICKS AND STONES**

- Have some fun with all of the sports that use "sticks". Campers play lacrosse, hockey, wiffle ball, baseball, and more. Designed for the younger camper, you can be certain that your child will learn, grow, and have fun in a safe environment (despite the sticks and stones).

August 1st – August 1th**OLYMPIC SPORTS CAMP**

- The Olympics are coming to Conshohocken! Children are grouped by age and divided into countries to learn about a wide variety of Olympic sports, including soccer, hockey, team handball, and track and field. Campers learn about the culture and history of their adopted country and make a flag to carry at the "Closing Ceremonies" and "Presentation of Medals".

Registration

Registration opens Friday, February 6, 2016!

To register visit:

- <http://conshohockenrsp.recdesk.com> and click on Summer Camps
- Jump Start Sports website at <http://www.jumpstartsports.com/programs/conshohocken-summer-sports-camp-2016>
- Call the Community Center at the Fel and reference program code: JSS 03
- Complete the required registration forms and drop off the forms with your payment to the Community Center at the Fel.
- Complete the required registration forms: Certification of Medical Fitness and Vaccination Status Form and Liability Release Waiver (available online).

SIGN UP TODAY!!!!!!

Program Cancellations and Refunds

Note: The Borough of Conshohocken reserves the right to cancel any program or camp due to insufficient enrollment. Programs and camps will run only if the minimum enrollment figure is satisfied. Register today so that these fun and exciting programs are not cancelled. Cancellations will occur one week prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to seven (7) business days to process. We do not issue cash refunds. Cash, check and money order are accepted. Register online or in-person and pay at the Community Center at the Fel!

SUMMER SPECIALTY CAMPS



For Full Specialty Camp Details Listed Below visit
<http://conshohockenrsp.recdesk.com>

21ST Annual Intermediate Summer Basketball Camp

Sponsored by The Academy of Hoops

June 20, 2016 – June 23, 2016

Monday – Thursday 9:00am-1: 30pm | Ages 8-12 | \$125.00

Location: Conshohocken Community Center at the Fellowship House

Program Code: AH 01

This camp is for players with some experience, but willing to learn. The emphasis is on learning and fun, with some healthy competition as a teaching tool. Points of emphasis include: Defense, Offense, Ball Handling, Rules, Games, and Shooting. Tom Shirley, Head Women's Basketball Coach at Philadelphia University, directs this camp. Alvin Williams, former NBA player with the Toronto Raptors, will give special on-court instruction. **Registration Deadline is June 13, 2016.**

British Soccer Camp – Full Day

July 18, 2016 – July 22, 2016 |

Monday – Friday 8:00am – 3:00pm | Ages 8-10 | \$238.00

Location: Sutcliffe Park Senior Field

Program Code: CS-FD1

Ages 8-10, 6 hours a day for 5 days. A more advanced camp for serious players. Full-day camps focus on game-related techniques, tactical development, and coached match play. All campers will receive a hand stitched soccer ball and t-shirt!
Registration Deadline is July 11, 2016.



July 18, 2016 – July 22, 2016

Monday-Friday 8:00am-3:00pm | Ages 11-14 | \$238.00

Location: Sutcliffe Park Senior Field

Program Code: CS-FD2

Ages 11-14, 6 hours a day for 5 days. A more advanced camp for serious players. Full-day camps focus on game-related techniques, tactical development, and coached match play. All campers will receive a hand stitched soccer ball and t-shirt!
Registration Deadline is July 11, 2016.

British Soccer Camp – Half Day

July 18, 2016 – July 22, 2016 |

Monday-Friday 8:00am-11:00am | Ages 6-9 | \$175.00

Location: Sutcliffe Park Senior Field

Program Code: CS-HD1

Ages 6-9, 3 hours a day for 5 days. Emphasis is placed upon skill development and mastery of core techniques through individual, and small group practices, and coached games. All campers will receive a hand stitched soccer ball and t-shirt!
Registration Deadline is July 11, 2016.

July 18, 2016 – July 22, 2016

Monday-Friday 8:00am-11:00am | Ages 10-14 | \$175.00

Location: Sutcliffe Park Senior Field

Program Code: CS-HD2

Ages 10-14, 3 hours a day for 5 days. Emphasis is placed upon skill development and mastery of core techniques through individual, and small group practices, and coached games. All campers will receive a hand stitched ball and t-shirt!

Registration Deadline is July 11, 2016.

Drama Kids – Full Day

August 15, 2016 – August 19, 2016

Monday-Friday 9:00am-4:00pm | Ages 6-11 | \$250.00

Location: Conshohocken Community Center at the Fellowship House

Program Code: DK 03.2

Kids ages 6-11 are invited to this “PLAY-full” place where campers write and stage their own original plays. Imagination is key at Drama Kids Summer Camps where anything goes and friends are plentiful. Your child will love all of the theatre games, snippets, silent scenes, silliness, and special dress-ups days. Enthusiastic counselors are engaging and entertaining. A special performance for family and friends happens at the end of the week. **Registration Deadline is August 8, 2016.**



Drama Kids – Half Day

August 15, 2016 – August 19, 2016 |

Monday-Friday 9:00am-12:00pm | Ages 6-11 | \$150.00

Location: Conshohocken Community Center at the Fellowship House

Program Code: DK 03

Kids ages 6-11 are invited to this “PLAY-full” place where campers write and stage their own original plays. Imagination is key at Drama Kids Summer Camps where anything goes and friends are plentiful. Your child will love all of the theatre games, snippets, silent scenes, silliness, and special dress-ups days. Enthusiastic counselors are engaging and entertaining. A special performance for family and friends happens at the end of the week. **Registration Deadline is August 8, 2016**

Soccer Shots Summer Camp – Full Day

June 27, 2016 – July 1, 2016

Monday-Friday 9:00am-3:00pm | Ages 6-10 | \$250.00

Location: Sutcliffe Park Senior Field

Program Code: SS3 05.2

Registration Deadline: Monday, June 20, 2016

July 11, 2016 – July 15, 2016 | Monday-Friday

9:00am-3:00pm | Ages 6-10 | \$250.00

Location: Sutcliffe Park Senior Field

Program Code: SS4 06.2

Registration Deadline: Monday, June 27, 2016

Focusing on individual skill, fitness, and sportsmanship, each session

provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams.



Soccer Shots Summer Camp – Half Day

June 27, 2016 – July 1, 2016

Monday-Friday 9:00am-11:00am | Ages 4-10 | \$125.00

Location: Sutcliffe Park Senior Field

Program Code: SS3 05

Registration Deadline: Monday, June 20, 2016

July 11, 2016 – July 15, 2016

Monday-Friday 9:00am-11:00am | Ages 4-10 | \$125.00

Location: Sutcliffe Park Senior Field

Program Code: SS4 06

Registration Deadline: Monday, June 27, 2016

Focusing on individual skill, fitness, and sportsmanship, each session provides an opportunity for kids to be challenged through fun games and team competitions. Children will also be introduced to tactical elements of the game as they prepare to play on competitive teams.

US Sports Institute Multi-Sports Camp-Full Day

June 20, 2016 – June 24, 2016

Monday-Friday 9:00am-4:00pm | Ages 5-11 | \$195.00

Location: Sutcliffe Park Senior Field

Program Code: USS 03

All activities will allow children to develop control, accuracy, co-ordination and timing. Inspired by the fun and relaxed atmosphere, your child will have the opportunity to thrive on the sports field. Variety, activity and enjoyment stand as key attributes to developing a healthy lifestyle. Each sport will be delivered as a series of progressive games and scrimmages designed to enhance knowledge, skill and character on the playing field. With a camper to coach ratio of 12:1, our international coaching staff will ensure that your child receives plenty of individual instruction throughout the week.

Registration Deadline, Monday, June 13, 2016.



Multi-Sports Camp-Full & Half Day

June 20, 2016 – June 24, 2016

Monday-Friday 9:00am-4:00pm | Ages 5-11 | \$195.00

Location: Sutcliffe Park Senior Field

Program Code: USS 03

June 20, 2016 – June 24, 2016

Monday-Friday 9:00am-12:30pm | Ages 5-11 | \$165.00

Location: Sutcliffe Park Senior Field

Program Code: USS 03.2

June 20, 2016 – June 24, 2016

Monday-Friday 1:00pm-4:00pm | Ages 5-11 | \$115.00

Location: Sutcliffe Park Senior Field

Program Code: USS 03.3

All activities will allow children to develop control, accuracy, co-ordination and timing. Inspired by the fun and relaxed atmosphere, your child will have the opportunity to thrive on the sports field. Variety, activity and enjoyment stand as key attributes to developing a healthy lifestyle. Each sport will be delivered as a series of progressive games and scrimmages designed to enhance knowledge, skill and character on the playing field. With a camper to coach ratio of 12:1, our international coaching staff will ensure that your child receives plenty of individual instruction throughout the week.

Registration Deadline, Monday, June 13, 2016.

US Sports Institute Basketball Summer Camp

August 15, 2016 – August 19, 2016 |

Monday-Friday 6:00pm-7:30pm | Ages 6-14 | \$115.00

Location: Sutcliffe Park Basketball Courts

Program Code: USS 04

A good understanding of fundamental skills is the key to success in becoming a well rounded basketball player; dribbling, passing, shooting, team play and defense will all be taught in a fun and engaging way. All players will learn the basics of offense and defense, including creating plays, movement off the ball, and decision-making. First Play Basketball is a great way to prepare children for upcoming team play, or simply to stay active. **Registration Deadline, Monday, August 8, 2016.**

SUMMER CAMP REGISTRATION INFORMATION

Registration opens Friday, February 6, 2016!

To register visit:

- <http://conshohockenrsp.recdesk.com> and click on Summer Camps
- Call the Community Center at the Fel and reference the program code
- Complete the required registration forms and drop off the forms with your payment to the Community Center at the Fel.
- Required forms: Certification of Medical Fitness and Vaccination Status Form and Liability Release Waiver (available online).

SIGN UP TODAY!!!!!!

Program Cancellations and Refunds

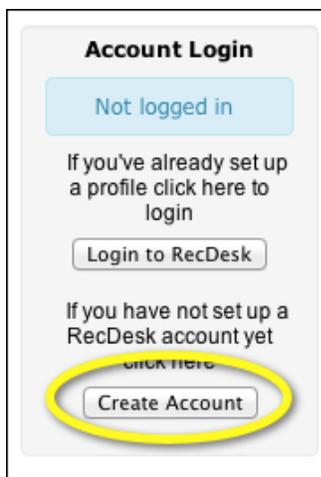
Note: The Borough of Conshohocken reserves the right to cancel any program or camp due to insufficient enrollment. Programs and camps will run only if the minimum enrollment figure is satisfied. Register today so that these fun and exciting programs are not cancelled. Cancellations will occur one week prior to the scheduled start date if applicable. A full refund will only be given when the Borough of Conshohocken cancels a program. A refund request made at least five (5) business days prior to the program will receive a refund less 5%. No refunds will otherwise be given. Refunds may take up to seven (7) business days to process. We do not issue cash refunds. Cash, check and money order are accepted. Register online or in-person and pay at the Community Center at the Fel!

RecDesk Online Registration Instructions

1. [Set up your individual and family Profile on the RecDesk Community portal](#)
2. [Registering for Programs](#)
3. [Registering Memberships](#)
4. [Checkout and Payment](#)

1. Set up your individual and family Profile on the RecDesk Community portal

1. Log on to conshohockenrsp.recdesk.com
2. Click on the “Create Account” button located on the bottom left-hand corner to begin the process of entering your Profile information



3. Fill out all fields and click “Save” to complete the Profile setup process. After you save your profile your account will say “Pending Approval.” Your account will be approved by Community Center personnel as having a resident or non-residency status. **NOTE*** to determine your residency status a general guideline (not 100% accurate) of the Borough’s borders are 12th Avenue, Ridge Pike, Washington Lane, and Colwell Lane. Please refer to a map with our Borough’s boundaries or call our front desk staff to check your address. Inability to provide proof of Conshohocken Borough residency will automatically qualify you as a non-resident.**
4. Be sure to do this for **ALL FAMILY MEMBERS** who will be **registering for** or **paying for** (Parents/Guardians) programs. New family members can be added by going to your profile page and clicking the *Add New Group/Family Member* link as shown below.

Member Profile

Group/Family Members

Name	Birth Date	
Ryan Morris	9-11-2001	Select

[Add New Family Member](#)

Member

ID: 51
 Name: Ryan Morris
 Head of Household: No

[CHANGE](#)



5. While waiting for account approval, you may add in other family members and browse our program list.
6. After your account is approved you may begin to register for programs and memberships online!

2. Registering for Programs

1. Once you have set up a Profile on the RecDesk Conshohocken Community Center portal, you need to log in to begin registering for Programs. Log on to conshohockenrsp.recdesk.com
2. Click on the “Login” button in the lower left-hand pane and enter your username and password.
3. Click on the “Programs” tab and browse programs and choose the desired program.
4. Registrations can be initiated by either clicking on the “Register” button on the Program List page or by clicking on the “Register Now” button while viewing the Program Detail.

Show entries Filter:

Program Name	Start Date	Ages	Grades	Openings	
Wednesday Zumba	3/23/2011			30	REGISTER

Showing 1 to 1 of 1 entries First Previous 1 Next Last

5. This will display the Program Registration dialog. Choose the Family Member registering for the program (*not the Parent/Guardian*), the appropriate Fee Type and then answer any additional questions that may be required for the program.
6. When you select your fee type, click the “No Online Fee- Pay In-house- \$0.00” amount for the drop down list. **NOTE*** All fees are to be paid at the Conshohocken Community Center at the Fellowship House (515 Harry St, Conshohocken, PA 19428). Acceptable forms of payment include: cash, check, or money order. Please make all checks payable to “The Borough of Conshohocken.”**
7. Click the “Save” button. The new Registration will be added to your shopping cart and is ready for Payment. At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

3. Registering for Memberships

1. Click on the “Memberships” tab
2. Choose the desired membership package and click on the “enroll” button to the right of the membership.
3. Make sure you are selecting the correct Membership package
4. Add the appropriate family member(s) to the Membership by clicking “Add Household Members to Membership.”
To add new family members, update your household info first by clicking on “View Profile” located under the tabs on the left-hand side, and then return to the membership screen after new members have been added.
5. When you select your fee type, click the “No online Fee- Pay In-house- \$0.00” amount for the drop down list.
NOTE* All fees are to be paid at the Conshohocken Community Center at the Fellowship House (515 Harry St, Conshohocken, PA 19428). Acceptable forms of payment include: cash, check, or money order. Please make all checks payable to “The Borough of Conshohocken.”**
6. Add any notes that are applicable. Press Save. The new Registration will be added to your shopping cart and is ready for Payment. At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

4. Checkouts and Payment

1. Registrations are NOT complete until you go through the Checkout process. If there are pending registrations in your cart, click on “Checkout.”
2. You will be directed to the Waiver page where you must click “I Accept” to continue.
3. Click “Continue” to complete registration

EVENTS

Easter Egg Hunt

Saturday, March 19th

Start Time: 10:00am

Register online or contact the Community Center at the Fel by Monday, March 14th. Bring your own basket and hop over to the Community Center at the Fel for this fun and free event!



2016 Albert C.

Donofrio Classic

March 21st – April 12th.

Please visit our website or contact the Community Center for additional information



Be sure to check the Recreation Services & Parks Community Portal for upcoming events!

Fitness & Group Exercise

The Conshohocken Community Center at the Fellowship House is excited to offer **MIXX Fitness** Group Exercise classes and personal training! Mixx up your physical fitness routine with us! Spin, TRX, Kettle Bell, Pilates, Yoga, Body Bar, Jump Rope, Senior Fitness & MORE! MIXX Fitness is different from other fitness centers because it brings a “personal training approach to group fitness.” Instructors are trainers. Classes are small. You will get personalized instruction, specialized motivation and individual attention when you attend a MIXX class. Check out the ever-changing class schedule at www.mixx-fitness.com or visit <http://conshohockenrsp.recdesk.com> to find out more about pricing, class times and **FREE classes offered with a Community Center at the Fel membership.**



Before & After School Care

A Child's Place



A Child's Place Extended Care, Inc. provides before & after childcare at the Community Center at the Fellowship House during the school year. **Take advantage of this fantastic program and sign up today!**

Before Care: 7:00am until the start of the school day

After Care: End of the school day until 6:00pm

Half Day Care: End of the school day until 6:00pm
(see calendar on www.acpec.com ; occasional use rates apply)

Day - Off Program: 7:00am – 6:00pm. This program will operate on select days that the Colonial School District is closed (see calendar on website)

Program Highlights:

- State licensed and Keystone accredited program
- Carefully screened, professional staff with State Police, Child Abuse and FBI Clearances
- Fun, academically based enriched curriculum that advances our mission to prepare children for a successful future in school and beyond
- Supervised homework time, outdoor play, organized and independent activities
- Monthly calendars and newsletters informing parents of various activities and events
- Multi-sibling and military discounts
- CCIS (county subsidy) accepted

Visit www.acpec.com for additional questions or contact Danielle Earhart, Program Manager, at 484-580-6528 or email Danielle@acpec.com

Conshohocken Rowing Center

The Borough of Conshohocken is excited to partner with the Conshohocken Rowing Center and Rowing Center Board to enlarge and diversify the array of recreational programs and activities offered through the Department of Recreation Services and Parks. The Rowing Center includes a rowing bay. Memberships are available as well as youth and adult programs and camps.



A full list of available Spring/Summer 2016 programs is available at:
<http://www.conshohockenrowingcenter.org/about-1-1>

The registration portal for all programs and memberships can be accessed at:
<http://www.conshohockenrowingcenter.org/sign-up-registration/>

NEW FOR 2016!!!!

DISCOUNTS ARE AVAILABLE FOR CONSHOHOCKEN RESIDENTS

(See chart below)

Youth Rowing Discount Opportunities

Program	Program Cost	Resident Cost
Youth Rowing- Spring 2016	\$650.00	FREE
Summer 2016 Development Camp	\$1025.00	\$325.00
Summer Youth Rowing Camp – 1 Week	\$375.00	\$125.00

Adult Learn-to-Row Discount Opportunities

Program	Program Cost	Resident Cost – 50% Off!
Pay-as-you-Go	\$60.00	\$30.00
2 Sessions	\$100.00	\$50.00
4 Sessions	\$170.00	\$85.00
8 Sessions	\$300.00	\$150.00
12 Sessions	\$500.00	\$250.00

Take advantage of these wonderful discount opportunities, programs and camps! If you are a resident in the Borough of Conshohocken, please email the Rowing Center administration prior to going through the registration process to ensure you receive the appropriate discount. Email rowingcrc@gmail.com and indicate your program of interest. The Rowing Center Director or one of their rowing coaches will reply and send you further details.



*“CREATING COMMUNITY
THROUGH PEOPLE, PARKS
AND PROGRAMS”*

*DEPARTMENT OF RECREATION
SERVICES AND PARKS*

BOROUGH OF CONSHOHOCKEN

