

Borough of

Fall/Winter 2022

CONSHOHOCKEN

Newsletter



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Borough Office: 400 Fayette Street, Suite 200, Conshohocken, Pennsylvania
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BOROUGH OF CONSHOHOCKEN RECEIVES QUICK RESPONSE SERVICE (QRS) PROGRAM CERTIFICATION

The Borough of Conshohocken in conjunction with Narberth Ambulance and the Conshohocken Fire Department have successfully completed and implemented a Quick Response Service “QRS”.

A QRS agency is an entity that provides emergency medical service to a community in a non-transport quick response capability. The Conshohocken Fire Department has medically licensed staff on duty. The staff can provide basic life support in conjunction with or prior to the arrival of an ambulance. The QRS service is dispatched by the county to all medical calls in Conshohocken Borough 7 days a week, 24 hours a day.

After a vigorous process, we have passed the final inspection by the Pennsylvania Department of Health Bureau of Emergency Medical Services.

We would like to congratulate and thank the following teams and individuals for a perfect example of what cooperation, coordination, communication, and effort can accomplish.



Tim Gunning, Fire Chief, Conshohocken Fire Department
Steve Young, Battalion Chief, Conshohocken Fire Department
Jackie Pierce, President, Conshohocken Fire Company #2
Andrew Carlin, President, Washington Fire Company
Dave Murphy, Deputy Chief, Conshohocken Fire Department
Leo Costello, Assistant Chief, Conshohocken Fire Department

Joe Costello, Assistant Chief, Conshohocken Fire Department
Calvin Perlman, Conshohocken Fire Department
Bill Weber, Assistant Chief, Narberth Ambulance
Chris Flanagan, Chief, Narberth Ambulance
Tim Dunigan, Montgomery County, EMS Administration



MUNICIPAL ELECTION

ELECTION DAY
Tuesday,
November 8, 2022

VOTER REGISTRATION
DEADLINE:
Monday, October 24, 2022

ABSENTEE OR MAIL-IN BALLOT
APPLICATION DEADLINE
Tuesday, November 1, 2022

Polls are open on election day from 7:00 AM - 8:00 PM

APPLY FOR A MAIL-IN OR CIVILIAN ABSENTEE BALLOT ONLINE:
<https://www.votespa.com/Voting-in-PA/Pages/Voting-by-Absentee-Ballot.aspx>

KNOW YOUR WARD! *Do you know where to vote?*

Conshohocken Borough has 7 voting wards and 5 different polling locations:

- **WARD 1 & 4:** Conshohocken Community Center at the Fellowship House (Gymnasium), 515 Harry Street, Conshohocken, PA 19428
- **WARD 2 & 3:** Conshohocken Community Center at the Fellowship House (Multipurpose Room), 515 Harry Street, Conshohocken, PA 19428
- **WARD 5:** Conshohocken Fire Company No. 2: 819 Fayette Street, Conshohocken, PA 19428
- **WARD 6:** Borough Hall, 400 Fayette Street, Conshohocken, PA 19428
- **WARD 7:** A.A. Garthwaite Stadium (A-Field), E 11th Avenue & Harry Street, Conshohocken, PA 19428

Borough Of Conshohocken Council Members



WARD 1

Karen Tutino

484-243-6094
ktutino@conshohockenpa.gov

Voting Location:

Community Center at the Fel
515 Harry Street (Gymnasium)



WARD 2

Adrian Serna

484-535-4358 • 610-828-1092 ext.138
aserna@conshohockenpa.gov

Voting Location:

Community Center at the Fel
515 Harry Street (Multipurpose Rm.)



WARD 3

Tina Sokolowski

610-828-1092 ext.133
tsokolowski@conshohockenpa.gov

Voting Location:

Community Center at the Fel
515 Harry Street (Multipurpose Rm.)



WARD 4

Anita Barton

610-213-5819
abarton@conshohockenpa.gov

Voting Location:

Community Center at the Fel
515 Harry Street (Gymnasium)



WARD 5

Kathleen Kingsley

610-828-1092 ext.135
kkingsley@conshohockenpa.gov

Voting Location:

Conshohocken Fire Company, #2
819 Fayette Street



WARD 6

Stacy Ellam

610-828-1092 ext.139
sellam@conshohockenpa.gov

Voting Location:

Borough Hall
400 Fayette Street



WARD 7

Colleen Leonard

610-322-0386
cleonard@conshohockenpa.gov

Voting Location:

Fieldhouse/ "A" Field
East 11th Avenue & Harry Street

U.S., PA & Montgomery County Elected Officials



Senator Robert Casey
2000 Market Street, Suite 610
Philadelphia, PA 19103
215-405-9660
www.casey.senate.gov



Senator Patrick J Toomey, Jr.
US Custom House
200 Chestnut Street, Suite 600
Philadelphia, PA 19106
215-241-1090 • www.toomey.senate.gov



Congresswoman Madeleine Dean
115 E. Glenside Ave., Suite 1
Glenside, PA 19038
215-884-4300
https://dean.house.gov



Governor Tom Wolf
225 Main Capitol Building
Harrisburg, PA 17120
1-800-932-0784
www.governor.state.pa.us



Lieutenant Governor John Fetterman
508 Main Capitol Building
Harrisburg, PA 17120
717-787-2500
www.ltgov.pa.gov



State Senator Vincent Hughes
District Office
2401 N. 54th St.
Philadelphia, PA 19131
215-879-7777 • www.senatorhughes.com



Representative Mary Jo Daley
148th Legislative District
815 Fayette Street, Suite 200
Conshohocken, PA 19428
Office hours: 9am – 5pm, Mon. - Fri.
Office phone: 610-832-1679
Email: repmaryjodaley@pahouse.net

Montgomery County Government

One Montgomery Plaza, Suite 800
Norristown, PA 19404 610-278-3000 www.montco.org

Montgomery County Commissioners

- Valerie A. Arkoosh, MD, MPH, Chair
- Kenneth E. Lawrence, Vice Chair
- Joseph C. Gale, Commissioner

District Attorneys: Court House, 4th floor

P.O. Box 311, Norristown, PA 19404-0311, Phone: 610-278-3090

- **Treasurer** - Jason Salus, Phone: 610-278-3066
- **Register of Wills** - Bruce Hanes, Phone: 610-278-3400
- **Recorder of Deeds** - Jeanne Sorg, Phone: 610-278-3289
- **Solicitor** - Joshua Stein, Phone: 610-278-3033
- **Public Safety** - Michael Vest, Phone: 610-631-6500
- **Health & Human Services** - Vacant, Phone: 610-278-5800
- **Voter Services** - Lee Soltysiak, Phone: 610-278-3280
- **Veterans Affairs** - Dennis Miller, Phone: 610-278-3285

A MESSAGE FROM THE MAYOR

Mental health resources available to Conshohocken residents

One of the lasting impacts of the COVID-19 pandemic is the tremendous need that our friends, families and neighbors have for mental health resources. This past summer, the National Suicide Prevention Lifeline (800-273-8255) rolled out an easy-to-use, three-digit dialing code across the country: 988. There are also various resources available through Montgomery County that can be accessed by Conshohocken residents, many of which are free of charge:

Montgomery County Department of Health and Human Services

- An umbrella organization for services, including those geared toward seniors, teens and young adults, veterans, and LGBTQ+ community members.
- Located at 1430 DeKalb St. in Norristown.
- <https://www.montcopa.org/2783/Health-and-Human-Services>

Mobile Crisis

- Provides immediate support for crisis situations, 24 hours a day, 7 days a week.
- Service is available to anyone in Montgomery County and there is no fee.
- 855-634-HOPE (4673)
- <https://www.montcopa.org/2059/Mobile-Crisis>

Peer Support and Teen Talk Lines

- Peer Support and Teen Talk Lines can be used to speak or text anonymously with a peer about any issues or problems, without fear of judgment.
- Peer Support Talk Line is available 7 days a week, 1:00 p.m. to 9:00 p.m., at 855-715-8255.
- Teen Talk Line is available Monday through Friday, 3:00 p.m. to 9:00 p.m.
Phone: 866-825-5856 • Text: 215-703-8411

Veterans Crisis Line

- Veterans Crisis Line is available 7 days a week, 24 hours a day.
- The service is free, with enrollment in VA benefits or health care necessary to connect.
- Call 1-800-273-8255 and press 1 or text 838255.
- For more information or to chat online: <https://www.veteranscrisisline.net>.

Montgomery County Suicide Prevention Taskforce

- The Taskforce offers free and low-cost suicide prevention trainings and resources to groups, organizations, businesses, and families. These free trainings are offered biannually to residents through Destination Conshohocken, the nonprofit organization founded by me and my wife. Previous classes have been held at the Conshohocken Community Center at the Fel, Yoga Home and the Conshohocken VFW.
- Please follow @DestinationConshy on Facebook and Instagram for information about future classes in Conshohocken.
- To schedule classes directly through the Taskforce, please contact Erin Lewis at 610-278-1238 or elewis@montcopa.org.
- The Taskforce offers a Support Group for Suicide Loss Survivors, led by my wife, Sarah, that meets the third Tuesday of every month. For more information, please email suicidepreventionconshy@gmail.com.

For any emergency, please call or text 911.

Please keep in touch by joining me on social media, reaching out via email or stopping by during my office hours. I hope to see you in the borough!



SPEAK WITH THE MAYOR

 yanonson@conshohockenpa.gov

 [conshymayor](#)

 Yaniv Aronson

 ConshohockenMayor.com

 [yanivaronson](#)

 484-532-8144

 [conshymayor](#)

IN-PERSON OFFICE HOURS:

The second and fourth Monday of each month from 6:00 p.m. to 7:30 p.m. at the Conshohocken Community Center at the Fellowship House

BOROUGH ADMINISTRATION INFORMATION



BOROUGH CONTACT INFORMATION

Borough Hall
400 Fayette St, Suite 200, Conshohocken, PA 19428
Phone: 610-828-1092 • Fax: 610-828-0920
Website: www.conshohockenpa.gov
Verizon Cable Channel 20
Comcast Cable Channel 965
Follow us on Twitter: @ConshyBorough
Like us on Facebook at:
www.facebook.com/ConshohockenBorough

CONSHOHOCKEN POLICE STATION

400 Fayette St, Suite 100 • Conshohocken, PA 19428
Phone: 610-828-4032 • Phone: 610-828-4033
Fax: 610-828-5243 • Emergency: 911

COMMUNITY CENTER AT THE FELLOWSHIP HOUSE

515 Harry Street • Conshohocken, PA 19428
Phone: 610-828-3266

Website: conshohockenrsp.recdesk.com
Like us on Facebook at:

www.facebook.com/CommunityCenterattheFel

OFFICE OF THE BOROUGH MANAGER

- **Borough Manager: Stephanie Cecco**
- **Executive Assistant to the Borough Manager: Brittany Rogers**
- **Communications Manager: Paul Gornowski**
- **Monday – Friday: 8:30 AM – 4:30 PM**

The Borough Manager is the Chief Administrative Officer of the Borough and is responsible to Council for the administration of Borough affairs. All departments, offices, and agencies of the Borough are directed and supervised by the Borough Manager. She manages the day-to-day operations, administration, and execution of policies and objectives set by Borough Council. This department also oversees Borough Boards & Commissions, Right to Know Requests, Communication and Borough Special Events.

ADMINISTRATION SERVICES

- **Director of Administrative Services: Angela Metz**
- **Monday – Friday: 8:30 AM – 4:30 PM**

The Department of Administrative Services focuses on delivering quality, reliable, customer-oriented services to Borough residents. The Director of Administrative Services manages administrative and financial services; including human resources, and pension matters; finance records and transactions, insurance and records management. This Department is also responsible for the administration of all insurances, coordination and upkeep of all benefit contracts, and managing constituent and customer services.

COMMUNITY DEVELOPMENT & FEDERAL GRANT PROGRAMS

- **Community Development Officer: Christine Stetler**
- **Monday- Friday: 8:30 AM – 4:30 PM**

The Community Development Officer oversees Conshohocken's Housing Rehabilitation Programs, which assists low and moderate-income homeowners in bringing their homes up to code conformance in order to enable more comfortable and safe living.

POLICE DEPARTMENT

- **Chief of Police: George Metz**
- **Office Hours (non-emergencies) Monday – Friday: 8:00 AM – 4:00 PM**

The Conshohocken Police Department is committed to providing protection and services within the Borough on a 24-hour-a-day basis, with a strong emphasis on public safety and community awareness. The Police Department also hosts several community outreach initiatives to benefit Conshohocken residents.

RECREATION SERVICES

- **Director of Recreation Services: Lauren Irizarry**
- **Recreation Supervisor: Charlie Alcorn**
- **Visit conshohockenrsp.recdesk.com for hours of operation and daily schedule of activities**

The Recreation Services Department is responsible for the daily operations of the Community Center at the Fellowship House. It also provides a wide range of recreational activities, programs, events, fitness and wellness opportunities for all ages. These activities are made available to the public at the Borough's many parks and recreational facilities.

OPERATIONS/PUBLIC SERVICES DEPARTMENT

- **Executive Director of Operations, Emergency Management Coordinator, BCO: Z Raymond Sokolowski**
- **Administrative Assistant, Operations & Zoning: Bobbi Jo Myrsiades**

The Operations Department delivers community services through four divisions: Emergency Management, Fire Services, Licenses & Inspections and Public Services.

EMERGENCY MANAGEMENT

- **Emergency Management Coordinator: Z Raymond Sokolowski**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Emergency Management develops and maintains the Borough's emergency operation plans and standard operating procedures.

FIRE SERVICES

- **Fire Chief: Timothy Gunning**
- **Deputy Fire Marshal/Deputy Emergency Management Coordinator: Stephen Young**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Fire Services performs annual fire inspections on fire alarms, sprinkler, and suppression systems in commercial buildings throughout the Borough. Washington Fire Company No. 1 and Conshohocken Fire Company No. 2 provide volunteer firefighting services to Conshohocken Borough. Emergency Medical Services are provided by Narberth Ambulance, Medic 313.

LICENSES & INSPECTIONS

- **Senior Building Inspector: Christopher Small**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Licenses & Inspections is responsible for regulating various business activities through permits, licenses, certificates, and inspections to facilitate code enforcement and compliance, and decrease code violations.

PUBLIC SERVICES

- **Public Services Foreman: Frank Perry**
- **Monday – Friday: 6:30 AM – 3:00 PM**

Public Works operates as four divisions: Buildings; Parks, Landscaping & Grounds; Sanitation and Recycling; and Streets. To learn more about what each division does, visit the Borough's website.

SUBDIVISION AND LAND DEVELOPMENT

- **Stephanie Cecco, Borough Manager**
- **Brittany Rogers, Executive Assistant to the Borough Manager**
- **Gilmore & Associates: Karen M. MacNair, P.E., Borough Engineer**
- **Monday – Friday: 8:30 AM – 4:30 PM**

Subdivision and Land Development ensures the orderly, efficient and harmonious development of the Borough, including buildings, streets and open space. In doing so, the Borough can plan for the needs of the community while safeguarding natural resources and historic places.

ZONING SERVICES

- **Eric Johnson, PE, Zoning Officer (Pennoni)**
- **Bobbi Jo Myrsiades, Administrative Assistant – Operations and Zoning**
- **Office Hours: Tuesdays 8:30am – 12:00pm**

Zoning regulates development and helps implement the goals of our Comprehensive Plan. Particularly, zoning refers to the division of the Borough into various districts, in accordance with the official Zoning Map. Rules for each zoning district are outlined in the Zoning Ordinance.

Stay Connected



Conshohocken Borough E-News Articles

www.conshohockenpa.gov

Visit the Borough's website and sign up to receive Borough News directly to your email. Sign up for notifications on meeting alerts, calendar and website updates, and news on special events and more!



CodeRED Alert Notifications

www.conshohockenpa.gov/CodeRED

We highly encourage all residents, businesses, visitors and employees working within the Borough of Conshohocken to create an account and register online to receive notifications. These alerts include critical information on both emergency and non-emergency related incidents relevant to Conshohocken Borough only. All messaging that comes from CodeRED is initiated directly from Conshohocken Borough's Administration. Sign up by visiting the above web address.



Conshohocken Borough TV Channel

Stay up to date on news and announcements or catch the latest Council Meeting recording from your TV. Go to Verizon channel 20, or Comcast channel 965.



Conshohocken Borough (Facebook)

@ConshohockenBorough

Like and follow the Borough's Facebook Page to see notices, meeting announcements, agendas, community events, trash and recycling updates, holiday closures and more!



Conshohocken Borough (Twitter)

@ConshyBorough

Follow the Borough's twitter page for news and announcements.



Conshohocken Police Department (Facebook)

@Conshohocken Police Department

Like and follow the Conshohocken Police Department Facebook page for police events, news, and updates!

Conshohocken Community Center at the Fellowship House (Facebook)

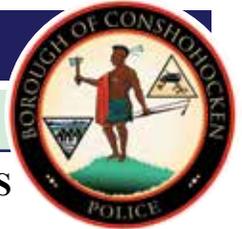
@CommunityCenteratthefel

Like and follow for all Recreational Department info, including programs, events, fitness opportunities, membership info, park updates and activities for all ages!

POLICE SERVICES

CONSHOHOCKEN POLICE STATION: 400 Fayette Street, Suite 100 (1st floor), Conshohocken, PA 19428

Phone: (610) 828-4032 | **Fax:** (610) 828-5243 | **Emergency:** 911



Back to School Safety

The Colonial School District will resume classes on Tuesday, September 6th. We would like to remind all residents that since our schools are now open, to closely adhere to traffic laws, especially near school zones, school crossings and certainly at bus stops. The beginning of each new school year requires all of us to take extra caution when traveling on our roadways and be patient as others adjust to new routines getting our children to school.

Preventing Crimes of Opportunity



The Conshohocken Police Department has investigated numerous reports of thefts from motor vehicles, and unauthorized entries to motor vehicles overnight. The common theme for these incidents is cars being left unlocked.

Take these simple steps to prevent becoming a victim yourself:

- Lock your car doors and windows.
- Keep valuables out of plain sight or remove them from your vehicle completely.
- Park in well-lit areas.
- Turn on your home's exterior lights in the evening.

FEES FOR SERVICES

Police reports:	\$0.25 per page
Accident reports:.....	\$15.00
Tow release:.....	\$25.00 plus tow operator fee
Finger prints:.....	\$10.00 by appointment only

As always, if you see something that seems out of place, contact the Conshohocken Police Department, (610) 828-4032, as soon as possible.

Tips for Driving on Wet Leaves

Autumn is right around the corner. While the fallen leaves can create such beautiful scenery, they can also create unsafe driving conditions. Here are a few tips on how to stay smart when the roads get messy:



- Reduce speed. If you're driving slower, you'll have more time to stop.
- Maintain a healthy distance from the driver in front of you.
- Clean off your vehicle, especially around your windshield wipers, before starting your travels.

ENGINEERING

Stormwater management is very important for the sustainability of the Borough. As many are keenly aware, the flooding resulting from the remnants of Hurricane Ida was devastating. While this was a “perfect storm,” it still shows the power of water. Storms are more frequent and more intense. Much of the boom in construction years ago was not held to the stormwater design standards that we have in place today. That is why all new development, redevelopment, and improvements are subject to stormwater mitigation requirements, depending on the type of development.

For a large development, the designs must determine the total amount and volume of runoff and the rate with which stormwater runs through and out of the site in the condition that the site is in before a shovel hits the ground. Next, the designs must do this same analysis on the proposed conditions. Basically, we compare existing versus proposed. The total volume of water permitted to leave the site ultimately must be equal to or less than what previously left the site. The rate of which the water leaves the site must also be equal to or less than existing. These requirements are generally met with large above ground or below ground basins with associated conveyance pipes, inlets, and manholes.

For smaller developments (601 SF to 1000 SF of impervious) this disturbance is mostly under one acre and therefore not subject to outside agency permitting. This type of development would fall under the Simplified Approach to Stormwater Management for Small Projects. This is a much simpler requirement to treat the first one inch of runoff via volume control. The most common mitigation solution for projects like these are small rain gardens or underground stone seepage beds.

Projects up to 600 SF are exempt from the requirements of the stormwater management ordinance. Below is a simple example of a project that would be exempt:

A homeowner wants to add a garage and extend the driveway to meet it. The garage is 18 feet by 20 feet or 360 SF of additional impervious. The driveway needs to be extended to meet the new garage. This extension is 12 feet by 10 feet or 120 SF of additional impervious. Combined the increase in impervious coverage is 480 SF. Therefore, being less than 501 SF, this project would be exempt from the stormwater management ordinance requirements.

Everyone must do their part in construction to minimize the impacts to stormwater runoff. Everything you do has an effect on others downstream from you. Likewise, what others do upstream from you has a direct effect on you. It takes everyone to manage the increased runoff from continued development.

As always, the Borough Code of Ordinances can be found online by visiting <https://ecode360.com/14317188>. Be sure to contact the Borough prior to beginning any improvements to make sure all requirements are met and plans are approved. The Borough office number is 610-828-1092.

ZONING SERVICES

The rules for each zoning district are outlined in the Borough’s Zoning Ordinance, which determines the specific land uses that are permitted in each district such as residential, office, commercial, or industrial. The code also outlines the dimensional standards in each district such as maximum building and impervious coverage, minimum building setbacks, and maximum building heights.

Zoning Permits:

The Zoning Ordinance includes regulations governing off-street parking, patios, walkways, signs, fences, and accessory structures. Please note the above mentioned require zoning permits.

The application for a Zoning Permit can be found on the Borough’s web site, www.conshohockenpa.gov. The permit fee is a flat fee of \$50.00; and permits require two weeks to process.

Zoning Hearing Board Applications:

The Zoning Hearing Board conducts public hearings at the request of developers and residents seeking zoning relief from a provision of the zoning ordinance via variance or special exception. The Board meets when an application and/or zoning petition has been submitted with all applicable documentation and fees. The Zoning Hearing Board reviews applications on a case-by-case basis and make determinations based on the Borough’s Zoning ordinance.

Meeting dates, changes and/or cancellations are reflected on the Borough’s website.

Short-Term Residential Rental (Transient Lodging):

Per the Conshohocken Borough Code, the rental of a residential property for a period less than 30-days constitutes transient lodging and is not permitted in the Borough. Therefore, the operation of a short-term residential rental (transient lodging) use constitutes a zoning violation.

For other questions regarding Zoning please email, zoning@conshohockenpa.gov.

2022 CONSHOHOCKEN FUNFEST



The Borough of Conshohocken is pleased to announce that Funfest will take place in 2022 on Saturday, September 17th. Funfest has become a long-standing community event dating back to 1993. The event has been made possible in part by our residents, businesses, volunteers and donors who have dedicated their time and resources.

Event Details

Saturday, September 17, 2022
12:00 pm – 8:00 pm*
Fayette Street from 1st to 6th Avenue

Activities

The event will be filled with live music and outdoor restaurant dining at 1st Avenue and Fayette Street. It also features a variety of art and craft vendors, community groups, businesses and sponsor tables spanning two blocks, and a dedicated kids area with free games and activities. *All activities from 2nd to 6th Avenue break down at 6:00 pm. Live music and local food and drinks will continue until 8:00 pm!

HOUSING REHABILITATION PROGRAM

Conshohocken’s Housing Rehabilitation Program has available funding to bring the homes of low and moderate-income residents into code compliance. The Program has been in existence for over five decades and has assisted hundreds of residents to remain comfortably and safely in their homes.

Rehabilitation activities may include roof repair, window and door replacement, electrical upgrades, sidewalk repair, plumbing repairs, and kitchen and bathroom improvements. Accessibility improvements, such as grab bars and ramps, also are eligible activities.

The Housing Rehabilitation Program operates as a four-year deferred payment loan for the cost of construction. 25% of the loan is forgiven for each year the owner remains in the home. After four years of living in the home, the entire loan is forgiven. Please know that there is no cost to the homeowner unless the home is sold or leased within four years of the final rehabilitation inspection.

For more information about the Housing Rehabilitation Program or if you have questions; you may contact Chris Stetler the Borough’s Community Development Coordinator at 610-828-1092 or Nancy R. Nugent, the Program’s Intake Coordinator at 610-246-3979.

The Housing Rehabilitation Program is funded by federal Community Development Block Grant and HOME funds, provided through the PA Department of Community and Economic Development.

If you are interested in applying for assistance, please complete the form on this page and return it to the Borough Offices at:

Borough of Conshohocken,
 400 Fayette Street, Suite 200
 Conshohocken, PA 19428
 Attn: Nancy R. Nugent

Your income must be below the following limits and would include salary, pension, Social Security, child support and interest on assets.

Number of Persons in Household

1.....	\$59,050	5.....	\$91,050
2.....	\$67,450	6.....	\$97,800
3.....	\$75,900	7.....	\$104,550
4.....	\$84,300	8.....	\$113,300



- You must be a Borough of Conshohocken resident.
- You must own and occupy a single-family residence.
- Your taxes and sewer fees must be current.
- You cannot be a Borough of Conshohocken employee.

Curb Ramp Project

In the fall of 2022, Conshohocken will begin installing curb ramps throughout the Borough. Funding for the project is provided by the Federal Community Development Block Grant Program through the PA Department of Community and Economic Development.

Curb ramps make walking easier for all residents, but particularly for older adults and people with disabilities. Access to Borough facilities and the riverfront will be improved.

For information about the project contact Chris Stetler at 610-828-1092.

Name: _____

Address: _____

Work Phone: _____

Home Phone: _____

Number in Household: _____

Income: _____

Current Value of Liquid Assets: _____

BOROUGH OF CONSHOHOCKEN **9**

PUBLIC SERVICES

Trash and Recycling Collection Trial Period 08/01/2022 to 10/31/2022

Effective 08/01/2022, Conshohocken Public Services will start collecting residential trash and recycling once a week. TRASH AND RECYCLING WILL BE COLLECTED ON MONDAY AND TUESDAYS ONLY. Trash will no longer be collected on Thursday and Fridays.

This modified trial period collection schedule will begin on August 1st, 2022, and end on October 31st, 2022.

TRASH SCHEDULE:

East Side - Monday West Side - Tuesday

RECYCLING SCHEDULE:

East Side – Monday West Side - Tuesday

YARD WASTE SCHEDULE:

Wednesday – East and West Sides

(NO GRASS CLIPPINGS)

LABOR DAY Monday, September 5, 2022

COLUMBUS DAY Monday, October 10, 2022

VETERANS DAY, OBSERVED Friday, Nov. 11, 2022

THANKSGIVING DAY Thursday, November 24, 2022

DAY AFTER THANKSGIVING..... Friday, Nov. 25, 2022

CHRISTMAS DAY Monday, December 26, 2022

NEW YEAR'S DAY..... Monday, January 2, 2023

MARTIN LUTHER KING JR. DAY Monday, January 16, 2023

Holiday Collection Schedule:

- If a holiday falls on a Monday or Tuesday, trash and recycling will be picked up on Wednesday.
- If a holiday falls on a Monday or Tuesday, yard waste can be put out on Wednesday evening for Thursday pick-up.
- Note that holidays that fall on a Saturday or Sunday are observed by the Public Services Team the following Monday. Therefore, as noted above, Wednesday is the make up Trash and Recycling Day for applicable Monday holiday closures.

Residential Trash Collection Rules And Regulations

- There is a limit of 4 carts/bags per household per pick-up (200 pounds maximum)
- Each household is permitted to dispose of one (1) large piece of furniture or bulk item per month with regular trash. This includes sofas, box springs, plastic siding, TV's and all electronics. All other bulk trash or bulk metal collection must be arranged through the Borough of Conshohocken by calling 610-828-1092.
- Each cart/bag is not to be heavier than 50 pounds.
- Needles, syringes, lances and other sharp objects must be placed in a metal container with a secure lid so they are not a hazard.
- **Please place your trash cart at the curbside of your property no earlier than 5:00 PM the night before and remove your cart from your curbside no later than 7:00 PM the day of collection.**
- No construction debris, carpet, clean-outs, or move-outs unless approved by the Licenses and Inspections Department. Please call 610-828-1092.

Visit the Borough of Conshohocken website for trash and recycling schedule updates after the trial period end date of 10/31/2022.

Conshohocken Is Single Stream Recycling

Single stream recycling allows all your recyclable materials to be placed into one recycling container. The best part is you do not have to separate them! Hence, we get the term '*Single Stream Recycling.*' Residents will see trash trucks collecting recyclables. Rest assured recycled materials will go to the recycling facility, NOT the trash-to-steam plant. Recycling carts should be left out before 7:00 AM on collection day, at the front edge of your property or nominated collection point.

For info on proper disposal of hazardous household waste, please visit: <https://www.montcopa.org/637/Recycling-Information>

Yard Waste Collection Rules and Regulations

Yard waste stickers are available at the Borough office to convert your old blue recycle bin into a container for yard waste disposal.

All residences must participate in the Borough's recycling programs by separating their recyclable material from their regular trash. Yard waste is recyclable; therefore, the separation and collection of this material is mandated by the Commonwealth of Pennsylvania and Conshohocken Borough.

- Weeds, leaves, brush, and plants should be placed in biodegradable paper composting bags. Please no trash in these bags.
- Each bag should not be heavier than 50 pounds.
- Tree branches under five (5") in diameter, not exceeding five (5') in length, are to be securely tied into bundles and should not be heavier than 50 pounds.
- Christmas trees. No decorations, tree stands or plastic tree bags.
- Please place your bags, and/or bundles at curbside on your property no earlier than 5:00 PM the night before.

GRASS CLIPPINGS ARE NOT ACCEPTED WITH YARD WASTE COLLECTION

There are several options for recycling your grass clippings, here are a few ideas:

- Leave on your lawn to act as a natural fertilizer.
- Use them to fill raised vegetable gardens or flower beds.
- Spread them as mulch around the base of trees, shrubs, or potting soil.
- Add them to your compost pile as a source of "green" high nitrogen material.

Fall Leaf Collection

Public Services collects fall leaves on an annual basis as part of their Leaf-Vac Recycling Program. The program runs from approximately October through December. Public Services operates on a rotating schedule, which lists collection dates for specific streets. Adverse weather conditions may cause delays to the posted leaf collection dates. Once all scheduled pick-ups are complete, Public Works will continue to collect fall leaves as needed, weather permitting.



The annual Leaf-Vac Collection Schedule is posted to the Borough's website under News just prior to the start of collection.

Leaf Collection Rules and Regulations:

- Leaf piles must be raked to the curb but not into the street. Leaf piles may extend along the length of your entire property.
- Do not mix limbs, brush, and other debris in the leaf piles. This may result in damage to equipment and injuries to employees.
- Once the leaf-collecting machine passes it will NOT return.
- Leaves will not be collected in the trash. Trash with leaves commingled will not be collected.
- NO PARKING signs will be posted on scheduled streets prior to leaf-vac collection. Motorists should obey the posted 'no parking' signs and be cautious on all roads during leaf collection season.
- Leaf collection is limited on E. Hector and Elm Streets due to narrow roads, high traffic volume, one-way traffic, and the leaf-vac equipment. Public Services will make every effort to leaf-vac these roads, however residents on these blocks should plan to bag their leaves and/or yard waste and place curbside for pick up on Wednesdays with yard waste collection.



Christmas Tree Recycling

Public Works collects Christmas trees each year following the holiday. Trees are collected on Wednesdays and all bags, ornaments, lights and stands must be removed. The trees are collected, chipped, and composted.

Snow Removal

Efficient snow removal helps ensure the safety of our residents, visitors, and those traveling through the Borough. When it snows, Public Services makes every effort to clear all Borough and state roads within 6 to 10 hours after snow has stopped falling. Public Services utilizes a snow management plan that consists of pre-treating roads with a brine solution and plowing during and after a snowstorm. Please refrain from parking on the street if you have off-street parking available.

Plowing

Residents with off street parking should refrain from parking on the street so that Public Services can clear more of the road. Cones, lawn chairs or other objects used to reserve parking spaces during a snowstorm are prohibited. Public Services will not stop plowing to remove objects used to reserve parking spaces.

State and Local Roads

Public Services is responsible for plowing all local and state (PennDOT) owned roads including the Matsonford Bridge, as well as train station cross walks within the Borough of Conshohocken. SEPTA is responsible for clearing snow from the train station and all steps and/or staircases accessing the train station.



Declared Snow Emergency

When the Mayor declares a snow emergency, residents are required to remove their vehicles from any of the Snow Emergency Routes designated below. During a declared snow emergency, parking is restricted in these areas and vehicles may be towed.

Snow Emergency Routes

- Fayette Street, both sides from the Conshohocken Borough line to the bridge.
- The south side of Freedly Street from 12th to 11th Avenues.
- Poplar Street from Elm Street to Washington Street.
- East First Ave. (Harry Street to Fayette Street)
- West First Ave. (Fayette Street to Forrest Street)

Snow Removal Reminders for Residents

- Residents should clear their sidewalks after plowing has been completed.
- ***It is illegal to shovel, throw or plow snow from sidewalks onto street parking, driveways, allies and into the street or right-of way.***
- Please use caution while shoveling heavy, deep snow from your property.
- A 3-foot-wide path on the sidewalk must be cleared on your property within 24 hours after the snow has stopped. Don't forget your crosswalks, handicapped ramps, and alley crossing. The Borough does not plow snow in alleys.
- Dumping snow or ice on Borough property or plowing snow across a street is also prohibited.

LICENSES & INSPECTIONS

DEPARTMENT STAFF

Licenses & Inspections is responsible for the administration and enforcement of Borough ordinances, along with Federal and State building codes. These ordinances may pertain to building, zoning, land development, housing, and property maintenance.

It also responds to citizen complaints concerning property maintenance (lawn maintenance, snow removal, etc), completes construction project inspections, apartment inspections, curb and sidewalk inspections; and processes applications regarding building projects. Licenses and Inspections issues permits for Use and Occupancy, repairs, replacements, additions, and new installations of boilers, roofs, etc.

Licenses and Inspections works closely with the Police Department and the Borough's Fire Marshal in the resolution of health and safety issues as well as residential nuisance complaints on a day-to-day basis.

Z Raymond Sokolowski

Executive Director of Operations, Emergency Management Coordinator, Building Code Official

Bobbi Jo Myrsiades

Operations Administrative Assistant

Michelle Summers

Licenses and Inspections Administrative Specialist

Christopher Small

Senior Building Inspector

Kristen Davis

Code Enforcement Officer & Rental Property Inspector

Matthew Traynor

Commercial Building Inspector

Frequently Asked Questions

Do I need a permit for...?

Any work beyond a basic repair or a non-structural alteration may require a building permit issued by the Borough's Building Code Official for both residential and commercial properties. The best course of action is to contact the Borough at (610) 828-1092 and ask a building inspector if a permit is required for your project. Be prepared to provide a detailed scope of work for the project and identify the property as residential or commercial. Change in use may require zoning approval.

Am I responsible for maintaining the alley behind my house?

Yes. Typically, the property owners on each side of an alley are responsible to maintain to the center of the alley for the width of each respective property. This includes the alley pavement surface (e.g., potholes), as well as grass, weeds, trash, etc., that may be found in an alley, regardless of how it ended up there. Weeds on the other side of your fence along the alley are still part of your property, and therefore your responsibility to trim and/or spray. The Borough does not plow snow in alleys.

Why does the Borough need to inspect the home I'm selling?

Borough Ordinance Chapter 11, Part 1 governs Transfer of Real Estate and Real Estate Certification. Per §11-111, anyone selling a property in the Borough is responsible to certify that there are no uncorrected violations of any housing, building, zoning, and safety or fire codes. The Borough performs an inspection based on a Real Estate Certification Checklist, which was adopted by Borough Council and records any apparent violations. It is required that all violations be corrected prior to settlement, or the responsibility to correct said violations may be transferred to the buyer, who will have 12 months to complete the work. The terms of such a transfer are private and fall outside of the Borough's authority.

Where exactly is my property line?

Absent physically apparent monuments or property corner pins, the Borough cannot independently verify property lines on behalf of private property owners. Property owners are encouraged to engage a Professional Land Surveyor to prepare a site plan and physically set corner markers. This information is useful for locating potential property improvements such as fences and garages, laying out additions to the primary structure, and to satisfy property line disputes, if necessary.

YOUR TRUSTED INSURANCE PARTNERS FOR
HOME & BUSINESS PROTECTION



Troy Gilchrist, *President*
610-566-9229 • info@ginsgroup.com

www.ginsgroup.com

Thanks!

The borough would like to thank the businesses that appear in this newsletter and recognizes each of them as contributors to our community. Thanks to their advertising support, this newsletter has been produced at no charge to our residents.

LICENSES & INSPECTIONS CONTINUED

Residential Rental License Permit

A Rental Property is any dwelling, including but not limited to, a house, townhouse, row house, duplex, twin, apartment, condominium, rooming house or mobile home, and any building containing any such units, from which the owner derives income or any other consideration from persons residing at such dwelling, as evidenced by a written or oral contract, lease, sublease or agreement. A Rental Property has an occupancy that occurs for a period of 30-days or more. Full Residential Rental Permit License information can be found on our website under resources | Borough Code of Ordinances | Chapter 11 | Part 2.

****Per the Conshohocken Borough Code, the rental of a residential property for a period less than 30-days constitutes transient lodging and is not a permitted use at the referenced property. Therefore, the operation of a short-term residential rental (transient lodging) use constitutes a zoning violation.**

- All owners of rental properties in the Borough of Conshohocken are required to submit a rental application, on or before April 15 of each calendar year, for the issuance of a residential rental license permit. A separate application is required for each rental property. Application Renewals will need to be completed each year.

- At the time of application, submit all applicable fees, provide a list of tenants; and a complete Borough earned income tax form or an affidavit attesting to the fact that the tenant is not employed.
- The tenant list shall be updated any time that a change of tenant occurs during the term of the residential rental license permit. Failure to update the tenant list will constitute a violation.
- Every application will have an initial property inspection completed by the Borough's Rental Property Inspector. Bi-Annual Inspections will be conducted thereafter.
- Residential rental properties in the Borough of Conshohocken are required to have house numbers installed and maintained on the front and rear of dwelling structures used for residential rental unit(s). The house numbers required by the ordinance must be installed before a residential rental license may be issued or renewed.

For more information related to services provided by the Borough of Conshohocken please visit our website: www.conshohockenpa.gov.

EMERGENCY MANAGEMENT

Emergency Management supports the development and implementation of the Borough of Conshohocken's emergency operation plans and standard operating procedures in large-scale incidents and events. Emergency Management exists to support our first responders and all emergency personnel. The department consists of Police, Fire, EMS, Borough Administration and Public Services personnel, in combination with our Borough Council.

Emergency Preparedness can start with you. Severe weather can happen anytime, anywhere. This could include hazardous conditions produced by thunderstorms, including damaging winds, tornadoes, large hail, flooding, and flash flooding.

Prepare for such hazards by strengthening your home and cutting down or trimming trees that may be in danger of falling on your home. Consider buying surge protectors to protect your home, appliances, and electronic devices. Make an emergency plan so that you and your family know what to do, where to go and what you will need to protect yourselves from the effects of a hazard.

The Borough of Conshohocken has an Emergency Preparedness Guide to assist you in creating an Emergency Plan. This can be found on our website under departments | emergency management.

Stay informed through the Borough's Emergency Alert System CodeRED.

For more information, please visit our website www.conshohockenpa.gov or contact our Emergency Management team at 484-238-6069.

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**Arrive Alive:
Flood Safety Tips**

- 6 inches of water can cause loss of control and possible stalling of cars.
- 1 foot of water will float vehicles.
- 2 feet of rushing water can carry away most vehicles including SUVs and pick-ups.
- Do not attempt to drive through a flooded road. The depth of the water may not always be obvious. The road may be washed out under the water, and you could be stranded or trapped.
- Do not drive around a barricade. Barricades are there for your protection. Turn around and go the other way.
- Be especially cautious driving at night when it is harder to recognize flood dangers.

WHEN FLOODED TURN AROUND DON'T DROWN



FIRE SERVICES

Fire Services is part of the Operations Department. The Fire Services Team works closely with Licensing & Inspections, Emergency Management, the Police Department, and Narberth Ambulance to further ensure the protection of life and property of our citizens, visitors, and businesses. The Borough of Conshohocken employs part-time firefighters and two (2) full-time career firefighters, who also serve as the Borough's fire inspectors. Fire inspectors are tasked with performing annual inspections on fire alarms and fire protection systems in new and/or existing commercial buildings within the Borough of Conshohocken. State and local fire codes require that every business receive a regular fire inspection.

Fire Services for Conshohocken also consists of two volunteer fire stations, Washington Fire Company No. 1 and Conshohocken Fire Company No. 2. Both fire companies operate under station 55 and provide volunteer firefighting services to the Borough of Conshohocken.

Home & Fire Safety

The Conshohocken Fire Department has noticed an increase in electrical house fires due to misuse of power strips. It is important to use power strips correctly. Never use multiple extension cords in one outlet. Overloading outlets, circuits, and extension cords by plugging too many things into one area can cause an electrical fire. Avoid potential fires by following these safety tips below:

- Check to ensure that all electrical cords are in good condition and are not broken or cut.
- Clean the lint from your dryer after every use.
- Check to see if all plug outlets are safe and do not feel warm when you touch them. If they are warm, call an electrician.

Free Smoke Detectors & Installation

Free smoke detectors are available to property owners and may be picked up at Borough Hall (400 Fayette Street, Suite 200, Conshohocken, PA 19428). Supplies are limited to three (3) smoke detectors per household. Residents requiring special accommodations may arrange to have their smoke detectors delivered and/or installed at no charge. Please contact the Fire Chief directly to arrange.

Carbon Monoxide Alarms

- Install carbon monoxide alarms on each level of your home.
- Make sure carbon monoxide alarms are less than 7 years old.

Fire Hydrant Clearance

Ensure firefighters have access to fire hydrants at any time of the year. Wintry weather can create fire safety hazards, such as ice or heavy snowfall that can obstruct fire hydrants. You can help reduce the risk by keeping fire hydrants accessible and clear of ice and snow.

Fire Prevention Education & Events

Fire Services offers a variety of educational opportunities and events to spread awareness about fire safety. Conshohocken's Fire Services Team provides on-site fire safety education year-round to the community at no cost. We encourage schools and businesses within the Borough of Conshohocken to contact the Fire Chief to learn more, or to schedule an on-site visit today! Conshohocken partners with Plymouth and Whitemarsh Townships to host the annual Colonial Fire Prevention Expo. The event is held in October during Fire Prevention Week and rotates each year among the Borough of Conshohocken, Plymouth, and Whitemarsh Townships. The night is full of fun, interactive and educational displays, including vehicle, water, and high angle rescue demonstrations.

Event information is announced on the Borough's website under News and posted to the Borough's social media pages.



FRIENDS OF CONSHOHOCKEN PARKS



Friends of Conshohocken Parks (FOCP) was established by Borough Council as an official nonprofit organization to solicit, raise and receive donations for the Borough of Conshohocken's public parks, the Mary Wood Park House and the Community Center at the Fellowship House. The FOCP works closely with Borough Council, Administration, and Conshohocken's Boards and Commissions to organize fundraising opportunities in an attempt to generate funds to help improve our parks and recreational facilities.

Our 2022 goal is to raise funds to renovate the playground at the B Field, near 12th Avenue and Hallowell Street. We see what investing in our playgrounds has done for our community, especially with the newly renovated playground at Mary Wood Park which is featured on playground reviews as a top destination in our area. Real estate values increase for homes located near desirable parks and playgrounds. Businesses benefit from outside tourism. We hope you see value in renovating this playground!

Fundraising efforts for this year kicked off with a successful Give Back Night at the Conshohocken Brewery raising over \$100. We raised just under \$1000 in our raffle basket fundraiser at the Conshohocken Art Festival and Car Show in early June. We also partnered with GotSneakers for a sneaker recycling fundraiser which runs through September 17. So far, we've kept dozens of pairs of sneakers from landfills!

Fundraising continued through the Summer Concert Series in Sutcliffe and Mary Wood Parks through our Give Back partnership with Kona Ice of King of Prussia.

We are very grateful to local businesses, Yoga Home and Izenberg's Deli, who supported us by providing raffle prizes this year. Conshohocken Brewing Co. hosted a give back night in May and participated in our GotSneakers fundraiser. We could not have started our fundraising efforts without support from these businesses and we hope to grow in the number of businesses who support our parks.

If our fundraising goal appeals to you and you would like to help, contributions can be submitted in the following ways. Checks or money orders can be made payable to Friends of Conshohocken Parks. Checks or money orders may be dropped off or mailed to Borough Hall, 400 Fayette Street, Suite 200, Conshohocken, PA 19428. You can donate by Venmo at @friendsofconshohockenparks or by scanning the QR code pictured.



If you have any questions or would like to keep up to date in our efforts, please email us at friendsofconshohockenparks@gmail.com. If you would like to get involved, our meetings are the second Tuesday every month at the Conshohocken Borough Hall, second floor meeting room.



2022 Fall Rowing Opportunities

Conshohocken Rowing Center is back to offering its normal range of programming for youth and adults. All ages and experience levels. Check out our website for more information on fall and winter opportunities.

Be sure to ask about Conshohocken Resident Discounts



conshohockenrowingcenter.org rowingcrc@gmail.com

RECREATION SERVICES

Live, Work, Play!

*Creating Community Through
People, Parks and Programming!*

Welcome to the Department of Recreation Services. Our department's mission is to "enhance the quality of life for all residents through physical, mental, cultural, social and environmental development."



Recreational Facilities

Looking for a location for your next event? Check out our facilities available for rent. For a complete fee schedule and list of available buildings, parks and amenities please visit us at www.conshohockenpa.gov

- The Community Center at the Fellowship House
- Mary Wood Park House
- Mary Wood Park
- Sutcliffe Park
- Aubrey Collins Park
- 2nd Avenue Meadows
- A-Field
- B-Field
- Haines and Salvati

Fitness Court

The new fitness court is now open and available for public use at Sutcliffe Park. This world-class outdoor bodyweight circuit training system is designed so that people of all levels and abilities can get a full body workout in just 7 minutes. Each station utilizes body weight to increase fitness levels. Instructions for each workout can be found on the wall decals or through the downloadable Fitness Court app available on iPhone and Android devices. The app includes guided audio workouts and tutorial videos; graded difficulties, HIIT, upper, lower and full body routines; and workouts hosted by expert celebrity trainers and influencers. The new fitness court includes the following equipment and features:

- Plyometric / Squat Boxes
- Lunge Step Course
- Agility Dots
- Agility Ladders
- 2 Bending Stations
- Concrete Border
- Rubberized Tile Surface
- Progressive Training Wall
- 2 Sets of Destabilized Pushing Handles
- 2 Sets of Stabilized Pushing
- Ladders
- 7 Progressive Foothold Strips
- 2 Sets Rowing Handles
- 4 Full Body Rowing Stations
- 2 Sets of Bicep Curl Rings
- 2 Sets of Muscle-Up Rings
- 2 Sets of Stabilized Pull-Up Bars



HERE'S HOW TO REGISTER FOR CLASSES, PROGRAMS & EVENTS!

Creating Community Through People, Parks, & Programming

1

REGISTER ONLINE

Go to <https://conshohockenrsp.recdesk.com>. To register online, a credit card is needed. Prior to registering for any activity you must first create a customer account through the RecDesk Community Portal.

2

REGISTER OVER THE PHONE

Call us at 610-828-3266. To register over the phone, a credit card is needed. If you do not already have an online account, one will be created for you.

3

REGISTER IN PERSON

Visit us at the Community Center at the Fellowship House, located at 515 Harry Street, Conshohocken, PA 19428. Cash checks, and credit cards are accepted in person. If you do not already have an online account, one will be created for you.

Questions? Give us a call at 610-828-3266. Cash, credit cards, & checks accepted.

Parties & Events

Hold your next party or event at the Conshohocken Community Center at the Fel! Book now or check out our available birthday party packages. Space is limited so call today! For rental fees and policies contact 610-828-3266 or email RecServices@conshohockenpa.gov.

Memberships

Daily, monthly and annual passes are available! SIGN UP NOW! Purchase or renew a Community Center at the Fel membership today! For memberships and pricing, visit www.conshohockenpa.gov or contact us directly at 610-828-3266.

2022 Recreation Services Special Events

Make sure you mark your calendar for these Recreation Services special events!

MOVIE IN THE PARK

August 26, 2022 | Dusk | Aubrey Collins Park

AMERICAN RED CROSS BLOOD DRIVE

October 9, 2022 | 9am – 2pm

HALLOWEEN PUMPKIN PAINTING

October 15, 2022 | 10am – 12pm

THANKSGIVING SENIOR LUNCHEON

November 16, 2022 | 12pm – 2pm

HOLIDAY SENIOR LUNCHEON

December 14, 2022 | 12pm – 2pm

WINTER WONDERLAND

December 10, 2022 | 12pm – 2pm

GEORGE SNEAR GIRLS HOLIDAY BASKETBALL TOURNAMENT -

December 27 & December 28, 2022
6pm – 9pm

**Dates may be subject to change. Call the Community Center at the Fel for more info or check the Fall/Winter Recreation Services Activity Guide.*

FITNESS

Group Fitness

The following group fitness programs are FREE with a Community Center Membership. Registration is not required. Classes are ongoing throughout the year.

- Active Fitness (62+) Mondays, Thursdays, Fridays
- H.I.I.T with Eileen (18+) Wednesdays
- Cardio & Core (18+) Fridays

The following group fitness programs will be offered this fall at an additional cost. Registration is required. Please check the Recreation Services Activity Guide or website for session dates, times, costs.

- Barre Fitness
- Chair Yoga with Yoga Home
- Cycle
- Kick + Core
- Low Impact Zumba
- Pilates

Silver Sneakers and Prime

The Community Center at the Fel is a participating member of Silver Sneakers and Prime. Take advantage of this great opportunity and sign up today!



Open Gym

The Community Center has open gym times based on the daily schedule. For information on the daily schedule, you can contact the Community Center at the Fel at 610-828-3266 or you can view it at <https://conshohockensrp.recdesk.com/Community/Calendar>. Please note that some reservations may be private and not included on the schedule.



Seeking Fitness Instructors - We are looking for experienced group fitness instructors/providers with innovative and creative ideas. Classes can be continuous (ex. 4 weeks) or a one-time workshop. Please contact Lauren Irizarry at lirizarry@conshohockenpa.gov if interested.

DISCOUNT TICKETS

The Recreation Services Department in conjunction with Pennsylvania Parks & Recreation Society (PRPS) will be selling discount ski tickets for the winter season (mid-December to early March). Tickets will include Blue Mountain, Big Boulder/ Jack Frost, Bear Creek etc. Limited amusement park tickets will be sold until December. Call today to check on availability!



RECREATION SERVICES CONTINUED

PROGRAMMING - ACTIVE OLDER ADULTS (62+)

Bingo

- Begins Monday, September 12, 2022
- Days/ Time: Mondays mornings at 10:00am

Active Fitness

- Monday, Thursday, and Friday mornings at the Community Center at the Fel.
- Time: 8:30 am

Medicare Seminar

- Tuesday, October 25th at 1:00pm | October 27 at 1pm
- Free. Registration is required.

Book Club

- Meets the first Tuesday of the month starting October
- Time: 1:00 p.m.
- Registration is required.



PROGRAMMING - ADULTS



Corporate Lunch Time Basketball

- Tuesdays & Thursdays | 12pm -2pm
- Members: Free | Non-Members: \$5

Sunday Morning Basketball

- Sundays | 9am – 11am
- Members: Free | Non-Members: \$5

Fall/Winter 2022-2023 Men's Basketball League

- Beginning October 10, 2022
- For more information, contact Tom Brady at 610-828-3266 or tbrady@conshohockenpa.gov.

Pickleball

- Wednesdays & Fridays, 10:00 a.m.-12:00 p.m.
- Call for availability on other days
- Members: Free | Non-Members: \$5



Pickleball Clinics – Coming this fall!

- New to pickleball? Beginner and Intermediate classes will be offered this fall in partnership with Tennis by Tyler. Check the fall/winter activity guide for more information

Infant CPR Training

- Infant CPR training will give individuals the skills necessary to prevent, recognize and provide basic care for emergencies in infants until advanced medical personnel arrive. This is a noncertification class led by Anthony Wiencek of Emergency Training Partners.
- Check the fall/winter Recreation Services Guide for dates and times.

PROGRAMMING - YOUTH

Tiny Tots Open Play

- Wednesdays beginning 9/14
- Ages: Crawler – 3 years old
- 10:00am – 3:00pm
- Members: Free | Non-Members: \$5

Obvious Choice Sports – Winter Break Camp

- Obvious Choice Sports is offering an active and engaging alternative to sitting inside all day, where youth of all skill levels will learn to play to sports and play for fun! Activities include soccer, basketball, dodgeball, floor hockey, dance competitions and more!
- Tuesday, December 27th through Friday, December 30th, 8:30am-3:00pm
- Register today with Obvious Choice Sports at www.obviouschoicesports.com!



Summer Camp



The Borough of Conshohocken Summer Day Camp will be entering its 5th year! Designed for campers ages 6-12 years old, the Conshohocken Summer Day Camp engages campers in a wide variety of recreational activities. Offering eight one-week sessions each with a unique theme, campers will participate in weekly field trips, swimming, arts and crafts, traditional camp games, and more! Camp is housed at the Community Center at the Fellowship House which features a recreational facility and an outdoor play area at Mary Wood Park. Regular camp hours are from 9am-4pm, with an option for extended day available with registration.

2023 Camp Dates: June 19 – August 11 Registration will begin December 30, 2022. Register prior to March 1st for an early bird discount. Call to inquire about our payment plan option.

YOUTH ACTIVITIES– FALL/WINTER 2022-2023

Below is a list of fall and winter programs that the Recreation Services Department will be offering. **For full program details including location, price, time, age group and min/max enrollment, please visit us at <http://conshohockenrsp.recdesk.com> or check our fall/winter activity guide.** Our friendly front desk staff is also happy to assist you with registration or any questions pertaining to our facilities and programs.

- Basketball Clinics w/ Moore Bros. Basketball (Ages 4-11)
- First Notes (Ages 0-4)
- Gymnastics with Reflex Sports (Ages 2-7)
- Homework Help (Grades 3-8)
- Intro to Sports with Obvious Choice Sports (Ages 5-8)
- Kid's Yoga (Ages 6-10)
- Music & Storytime in the Park (Ages 0-4)
- Nerf Wars (Ages 5-15)
- Paint & Play (Ages 1.5-5)
- Park Explorers (Ages 0-4)

- Parent's Night Out (Ages 5-10)
- Purposeful Play (Ages 6 mo-4)
- Reds Camp (Ages 8-13)
- Safe Sitter® (Grades 6-8)
- Safe@Home (Grades 4-6)
- Snapology
- Soccer Shots (Ages 2-8)
- Theatre Horizon (Ages 7-12)

Note: Programs will only run if the minimum enrollment figure is satisfied. Dates may be subject to change.

Coming August 2022

Be on the lookout for our Fall/Winter Activity Guide!

CANTORS DRIVING SCHOOL

---TRUSTED SINCE 1976---

610-277-1050

www.CantorsDrivingSchool.com

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DesignsByMitchel@gmail.com



PA 126999

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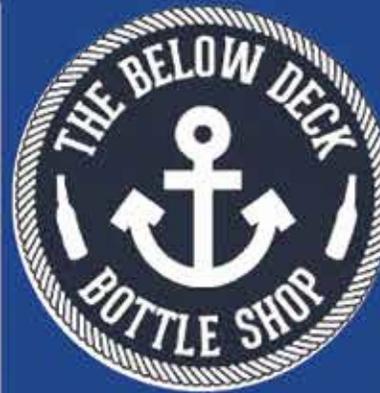
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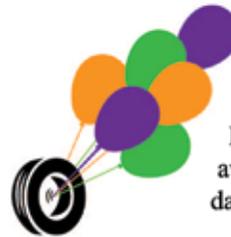


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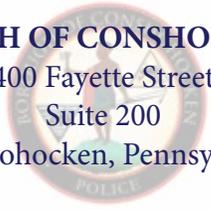
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